

BACK TO SCHOOL NIGHT

Thank you to those that came to the Open House. We appreciate you taking the time to visit the school and meet with teachers and administration.

Big thanks to our middle school and secondary student volunteers for welcoming parents, serving snacks and drinks, and giving directions.



The Kyiv International School Parent Teacher Organization (PTO)

ANNUAL BACK TO SCHOOL PICNIC

Saturday, September 16, 2017 1:00pm TO 5:00pm











celebrating

UPCOMING EVENTS

<u>September</u>

- 16 PTO Welcome Back Picnic 1:00-5:00 pm
- 18-22 MS/Secondary MAP Testing
- 25-29 Elementary MAP Testing
- 21-22—MAP Facilitators Conference
- 22 Secondary Clash of the Classes 7:00-11:00 pm
- 27 PTO High School Parent Lunch at RONIN Restaurant 12:00 pm
- 28 Pre-school Coffee Chat

October

- 2 Blue Shirt Day World Day of BullyingPrevention (wear a blue shirt to school)
- 2-6 Week of Languages
- 4 PTO General Meeting
- 4-10 Multi-story Theater Visit
- 6 Secondary Play: Medea 7:30 pm
- 7— International Night
- 7 SAT
- 10 PTO Pre-school & Elementary Parent

 Lunch at RONIN Restaurant 12:00 pm
- 11 PSAT
- 13-16 MUN
- 14 PTO Reading Night
- 16 PTO Middle School Parent Lunch at RONIN Restaurant 12:00 pm
- 19 1st Quintile Ends. Status Reports
 Issued
- 20 Parent/Teacher Conferences 8:00 am - 5:00 pm
- 23-27 FALL BREAK—No School
- 30 PTO Board Meeting

YOU'RE SO SMART!

(Part 1)

It can be a very natural phrase for us to use with children and often it comes out of our mouths without even thinking about it. However, it turns out that when we praise intelligence instead of hard work, we are not doing our children any favors.

Research shows that parents and teachers who encourage and praise students hard work and effort as opposed to intelligence leads to students challenging themselves in the future. Dr. Carol Dweck and her colleagues at Columbia University did a study with 9yo students in New York.

- 1) Students were given a puzzle that was easy enough for all to complete correctly. The students were randomly divided into two groups, and each given a different form of praise. One group was praised for their intelligence ("You must be smart at this.") and the other group praised for their effort ("You must have worked really hard.")
- 2) Following this praise, the students were then given a second round of testing and the choice of a puzzle that would be more difficult or a puzzle that was similar to the first test. The results were quite surprising. Of the students that were praised for their effort, 90% of them chose the more difficult puzzle. Of those students praised for their intelligence, the majority of them chose the easier puzzle.
- 3) Dr. Dweck decided to do one more round of testing. This time, the students would not be given a choice and the test was difficult, designed for 11 yo students. As predicted, everyone failed, but the response of the students was very different depending on which praise they had received at the beginning of the study. The students praised for their effort on the first test were very involved in trying to find the solution to the puzzle and determined that they were just not trying hard enough to find the answer. Many of these students claimed to enjoy the hardest test the most. The opposite was observed for the students who were praised for their intelligence. These students felt very stressed, and that the failure on the test was a result of them not truly being smart at all. (Bronson & Merryman, 2009)

As we approach our Fall MAP testing these next two weeks and you consider all of the exams and assessments that students must take, please consider this important research on the impact of the type of praise and encouragement we give students and children. The more that students understand that their hard work and effort will lead them to success, the more willing they will be to accept future challenges. Our language and the words we choose in communicating with children and each other is so important and has a lasting impact on how we view our own success, confidence, determination, and their willingness to accept and embrace difficulty. Success is not a straight shot, but rather a messy endeavor.



- Luke Woodruff, Director

Measures of Academic Progress





NWEA

MAP TESTING IS COMING! What Can You Do To Help?

- Make sure your child gets a good night sleep.
- Make sure they eat some food.
- Don't put too much pressure on children.
 Help them to be relaxed.

Our Fall MAP testing (Measures of Academic Progress) is coming up.

Regular Testing Schedule - September 18-29 Make Up Testing - October 2-6

We give students MAP tests to help monitor your child's instructional level and to measure academic growth throughout the school year and from year to year in the areas of mathematics, reading, and language usage. These tests help to give a measure of your child's academic development at one moment in time. It is important to note that understanding your child's academic standing and progress is a puzzle with many pieces. The MAP tests are certainly a worthy measure, but they are simply one of the pieces that we use with a variety of assessments, observations, and monitoring. The results from these tests will be available shortly after all testing has been completed. If you have questions about MAP, please feel free to contact school administrators or your child's teacher.

MAP TESTING SCHEDULE

FOR MIDDLE SCHOOL AND SECONDARY STUDENTS

		Monday Sep 18	Tuesday Sep 19	Wednesday Sep 20	Thursday Sep 21	Friday Sep 22		
Periods 1 & 2 8:15 – 9:50	LS Lab 1 Near Library	11 Reading (Surname A - J)	12 Reading (Surname A - KH)	13 Reading (Surname A -K)	Sec I Reading (Surname A – K)	12 Language Use (Surname A - KH)		
	MS 2 nd Floor Lab	11 Reading (Surname K - 0)	12 Reading (Surname KI – POL)	13 Reading (Surname L - STE)	Sec I Reading (Surname L - R)	12 Language Use (Surname KI – POL)		
	LS Lab 2 Near Library	11 Reading (Surname P – Z)	12 Reading (Surname POOL - Z)	13 Reading (Surname STE - Z)	Sec I Reading (Surname S - Z)	12 Language Use (Surname POOL - Z)		
Periods 3 & 4	LS Lab 1 Near Library	13 Math (Surname A -K)	Sec II Math (Surname A - K)	Sec II Reading (Surname A - K)	12 Math (Surname A - KH)	11 Math (Surname A - J)		
10:02 – 11:35	MS 2 nd Floor Lab	13 Math (Surname L - STE)	Sec II Math (Surname L - N)	Sec II Reading (Surname L - N)	12 Math (Surname KI - POL)	11 Math (Surname K - 0)		
	LS Lab 2 Near Library	13 Math (Surname STE - Z)	Sec II Math (Surname 0 - Z)	Sec II Reading (Surname 0 - Z)	12 Math (Surname POOL - Z)	11 Math (Surname P - Z)		
Periods 7 & 8 1:14 – 2:47	LS Lab 1 Near Library	Sec II Language Use (Surname A – K)	11 Language Use (Surname A - J)	Sec I Math (Surname A - K)	13 Language Use (Surname A -K)	Sec I Language Use (Surname A - K)		
	MS 2 nd Floor Lab	Sec II Language Use (Surname L - N)	11 Language Use (Surname K - O)	Sec I Math (Surname L- R)	13 Language Use (Surname L - STE)	Sec I Language Use (Surname S - R)		
	LS Lab 2 Near Library	Sec II Language Use (Surname O - Z)	11 Language Use (Surname P - Z)	Sec I Math (Surname S - Z)	13 Language Use (Surname STE - Z)	Sec I Language Use (Surname S- Z)		

NOTE: ADDITIONAL MAKE UP TESTS FROM OCT 02-13TH.

TESTING WINDOW CLOSES ON OCT 13TH.

NO OFFICIAL RESULT WILL BE AVAILABLE FOR TESTING DONE AFTER THIS DATE.

MIDDLE SCHOOL KORNER

"How I Feel" Talking Spoon

In Ms. Sheridan's class, we have a few new "traditions". One of them is a How I Feel Talking Spoon. During the lesson, whoever wants to share something will go and get the spoon which is sitting in a stand at the front of the room. The student can hold the spoon up showing one of the three sides of the spoon: a "happy" smile, an "okay" smile, and an "unhappy" smile. A person can talk about why she/he is feeling that day or moment. It's a good way for us to be able to communicate and learn more about other classmates. It helps us to release emotions as well.



"TEA" DESK

Another new tradition in Ms. Sheridan's class is that we are able to make and drink tea during the lesson! We are allowed to get up, one at a time, during the independent work and make a cup of tea. We are provided with water, plastic stirring spoons, and a tea pot to boil the water. The class works together to bring in tea, sugar, and cups. So far, the class is really loving this year's new tea-time tradition!

THE "BUTTERFLY" MOMENT

The third new tradition in Ms. Sheridan's class is called the "Butterfly Moment". We usually have the butterfly moment at the end of our writing class, and it lasts about 5 minutes. During this moment, all the students stand up and do a few stretches to loosen up a little under the music. It's really great and helpful because sitting in a chair for 8 periods can make you really sore, but just these few minutes of stretching help students loosen up and refresh the mood in our class.



SECONDARY SCHOOL KORNER

Students in the Environmental Studies class conducted field work and laboratory work for soil analysis this week on Monday and Tuesday.









UNIVERSITY VISITS AT KIS

Several universities will be visiting our campus this year to talk with students and parents regarding the opportunities available at their individual schools. This includes degrees offered, scholarships available and general information about their admission processes. I encourage you to attend, even if these particular schools aren't of personal interest, because it helps to develop a baseline of questions to ask the university in which you are interested. The first two visits scheduled are listed below.

September 29 - 12:25 - Secondary Office - Webster University of Vienna

October 13 - 12:25 - Secondary Office - LesRoches Global Hospitality of Switzerland

Feel free to contact the secondary guidance office for more information. (susan-kilby@ukr.qsi.org)

ACADEMIC RIGOR



At KIS, some students study for the **IB Diploma Bilingual Diploma.** This is awarded to students who study language and literature in two languages. All KIS students take English A and we have students also studying German A, French A, Ukrainian A and Russian A. Last year we had a student receive his Bilingual Diploma with Korean A, which he studied himself with school support. To learn more about the IB program and bilingual diploma: http://www.ibo.org/programmes/diploma-programme/assessment-and-exams/understanding-ib-assessment/



KIS is proud to offer students the opportunity to participate in the **College Board Advanced Placement Capstone Program.** There are currently eight KIS students completing the requirements for this diploma. The AP Capstone Diploma signifies you have completed a set of rigorous courses which prepare students for the demands of university life. Szymon Jazowski, KIS student, says 'AP courses have definitely taught me to work under pressure, manage my time and meet deadlines.' To learn more about the AP Capstone program: https://advancesinap.collegeboard.org/ap-capstone

LOE KORNER

- 1) **THE LOE SAFETY NETTING PROGRAM** will begin next week. If you are struggling in your language class (French, German, Russian, Spanish or Ukrainian), please, be welcome to our sessions before school (7.50 8.10), at Periods 4, 5, 7 (Lunch time for different age groups) and after school (3.45 5.15). The schedule is posted at: www.qsi.org/ukraine/ukr/academicsfaculty/loe.
- 2) We will continue offering **RUSSIAN LESSONS** to parents and teachers. There will be two groups: Introductory and Intermediate. They will take place at 9 a.m. on Tuesdays (Russian I) and Thursdays (Russian II) in Room 1302A. Don't miss your first classes September 19th or 21st. Please, contact the teacher directly (<u>dariyafilatova@ukr.qsi.org</u>), if you have any questions.
- 3) The French Department is beginning a **FRENCH CLUB** very soon. This club will be offered to students once a month. Students will have the opportunity to participate in interesting activities that will improve their oral communication skills. Activities will include karaoke, cooking, outdoor activities, treasure hunts and more. If you are interested in signing up for French Club, please come see Mme Nedko and M. Berezhny in room 1300 periods 5 and 6 on Wednesday September 20th. Again, if you are interested in signing up for French Club, please come and see Mme Nedko and M. Berezhny on Wednesday September 20th in room 1300 during periods 5 and 6. Stay tuned for more information!
- 4) LOE is organizing the **WEEK OF LANGUAGES**. It will be held during the first week of October, 2/10—6/10. Each day of the week will be dedicated to one of the languages taught in our school. We need volunteers, native speakers of French, German, Russian, Spanish, and Ukrainian to make a short presentation or to lead other activities (playing games, singing songs etc.) for our students. If you are interested, please, contact our committee:

<u>olga-petryna@ukr.qsi.org</u>, <u>oksana-plasil@ukr.qsi.org</u>, <u>juliya-anisyutkina@ukr.qsi.org</u> and <u>maryna-anisiutkina@ukr.qsi.org</u>.

PTO KORNER

Dear Parents,

the PTO would like to remind you not to forget about your Parent Passports this Saturday as we'll be stamping them for participation and volunteering at our Fall Picnic for the first time. You more stamps you get, the more chances you'll have to win valuable prizes from the PTO at the end of the school year.

We would also like to invite you to join us for our upcoming PTO Annual Parent Lunches. This is an informal event at a trendy restaurant and a great opportunity to meet the parents of your children's friends as well as the administrators of your respective departments. Our school principal Mr Luke Woodruff will also be attending all three lunches so please come along for good food and conversation.

For more information and upcoming events please don't forget to bookmark and check out website.

https://kispto20172018.wordpress.com/about/

Thank you and looking forward to seeing you all at the Picnic on Saturday!



LIBRARY KORNER



ATHLETICS & ACTIVITIES KORNER

Sports and Activities are underway at all age levels. Elementary students have started session one of their cocurricular activities. Thank you to parents for finding their way through moodle and signing their children up in such a timely manner.

Here are the dates for all activity sessions this year;

Session 1 - September 12 - November 10 Session 2 sign ups - November 13-20 Session 2 - November 21 - February 9 Session 3 sign ups - February 12 - 19 Session 3 February 20 - April 6 Session 4 sign ups - April 16 - 23 Session 4 April 24 - June 15

Please keep in mind that you are able to change activities until Tuesday of next week.

Middle and Secondary School students are also engaged in a number of after school activities. Our soccer teams have all hit the field, HS volleyball teams are smashing it on the courts, and our cross country teams are tearing up the track.

Soccer schedules have been released, watch for emails from coaches for game details. Our first cross country meet is coming up fast on September 29th. November will see all three sports travel to CEESA events throughout Europe. KIS will play host to the HS Boys soccer tournament held again this year at the Dynamo practice facility.

Many Activities are also in full swing with both MS and HS Student Councils in session. Our HS TED X students are finalizing their speakers for their event on December 9 and our Drama Club is getting ready for what will be another amazing production.

Although most of our sports teams have been selected, we still need a few HS girl soccer players, it is not too late to join many of the activities offered this Fall. Follow the After School Activities tab on the school web page and complete the registration form.

We hope to roll out our KIS Community Activities next week. We have a number of activities scheduled for our parents and students at the school. Whether for Zumba, Pickleball or any other activity we hope to see you at the school as we continue to grow our amazing KIS community. Stay tuned for details.

It is so nice to see the school so full of life and energy. I hope that parents will be able to come to the school to help support our athletes during their games.

Thank you for your continued support. Marty Curry

The KIS Sport Calendar on the After School Activities tab has been updated. We will do our best to make any changes that may occur to the schedule in a timely manner. We would love to see, and hear you at a game

SATURDAY MORNING FITNESS CLASSES

Dear Parents, KIS would like to invite you to take part in this year's fitness classes being held in the KIS Multipurpose Room on Saturday mornings. Starting at 10:00 am parents will be able to take part in one hour of Fitness/Pilates, strength, flexibility, and cardio training. From 11:00 until 12:00 we will have a stretching class which is aimed at improving circulation, reducing the risk of injury and increasing flexibility. Classes will be run by Oksana Pashchenko. Parents are welcome to join one or both classes which will begin on September 23rd. Classes are free but donations are appreciated.

Orphans from Rokytne and Zolotonosha need your help!



You can make a difference



Bring in extra packs of:

- Pencils
- Pens
- Crayons

- Markers
- Copy Books
- Rulers

Back to School Drive

Dear Parents.

The KIS community is organizing a Back to School Drive that will benefit two orphanages.

"Community Service" is a key value and belief that we are promoting at our school. Please encourage your child to help support this cause that will make a difference in the lives of some great kids.

Students can bring supplies to their teachers and at the reception desk. If you have any questions, please contact Mr. Daniel Burke in the Admission's Office. danburke@ukr.gsi.org

The drive will last until October 12th. Thank you for your support and care.

Medea

"Multi story shorten, contemporise and set the work in a pure, white world made of sails and sheets and shawls. Medea (Gill Nathanson) dressed in black, unfolds out of the whiteness like a malevolent crow. Stunning.

The innocent faces of her children shine from the whiteness. Nathanson's Medea ranges from coy seductress to raging madwoman, from driven angel of death to anguished mother who must face the horror of what she has done.

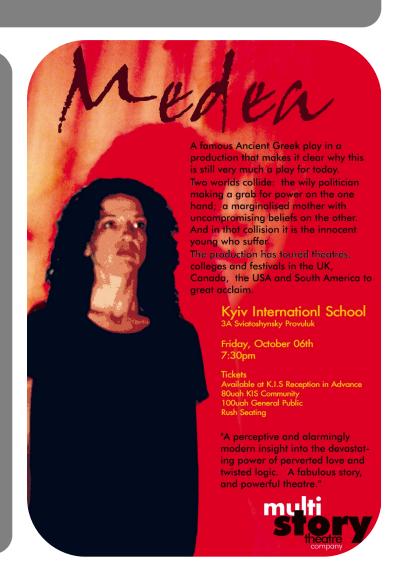
Compassion, hatred, intelligence and madness wash across her face like waves on a Greek Isle. It's a stunning performance.

Bill Buffery is her equal in a series of roles ranging from the women of Corinth to Jason himself - who tries to persuade Medea he's only doing it for the future of their children.

This is classic Greek tragedy and requires the classic approach if we are to experience catharsis, the draining of all emotion that supposedly comes after a blood and thunder tale. Well this is the tale and this is the company to tell it.

Raw emotions rage through the production. You will be involved, carried along and profoundly affected. I sat and stared into the middle distance for some time afterwards."

~ Colin Maclean Edmonton Sun





Karate Family Lessons

松涛館

SHO TO



At the beginning of the academic year, each parent faces the question of organizing a healthy leisure for their child. We all want to bring up a decent Human being, organized, self-sufficient, able to set clear goals and achieve them. Eastern martial arts are the best way to bring up these qualities.

The professionalism of trainer PELIPAS has been repeatedly confirmed by the results of his students, who are multiple champions of major European and World championships. The techniques offered by the trainer: KIHON (fundamentals, basic techniques), KATA (formal exercises - fights with several opponents), KUMITE (duel).

Parents and teachers are also invited to participate in these classes. It is a way to find a different approach to your child/student and also get to know them from another perspective.

Karate is life! Only a constant and conscientious training will ensure a long and happy life. Therefore, it is so important to educate our children correctly! Find the time for your children and for yourself!

Starting from September 23, 2017

Time

Saturday: 12:00-13:00 (4 - 8 y.o., Parents, Teachers)

13:00-14:00 (9-13 y.o., Parents, Teachers,

Cost 150 UAH/lesson Parents - 50% discount Teachers - free of charge

Contacts: Coach Pelipas Sergey (Russian) E-mail: pelipas.dziri@gmail.com Tel.: 050-691-89-21 Assistant - Mazurets Illia (English) E-mail: illya-mazurets@ukr.qsi.org Tel.: 067-771-87- 01

Registration at the reception or follow the link: Family Karate Lessons Group 1 (4-8) Family Karate Lessons Group 2 (9-12)

Welcome to Karate Do Shotokan

- famous fighting art and health system for your self-defence, physical and spiritual development. The program includes The Art of Self-defence Karate, Health Exercises (gymnastics, stretching, Qigong (Vital Energy Control, Tai Chi), breathing exercises), Psychological training.

Individual or mini group lessons. Instructor having 33 years experience of honing a skill.

Addres: K.I.S. or "Lotus Club" ul. Verchovinna 6-A (near of K.I.S.) or your place.

More information: www.karatedo.kiev.ua/en/ Andrew, 067-4416458 kozakandre@gmail.com

Welcome to Tai Chi, Qigong

- an ancient Chinese relax, health and self-development system.

Qigong (Vital Energy Control) and Tai Chi (Taiji Quan - Fist of Great Limit) are great and wonderful Arts. The soft and smooth movements Tai Chi look like a beautiful dance and are directed on activation of the energy centers of the person. Also Tai Chi exercises softly strengthen all muscles of body.

Individual or mini group lessons. Instructor having 33 years experience of honing a skill.

Addres: K.I.S. or "Lotus Club" ul. Verchovinna 6-A (near of K.I.S.) or your place.

More information: www.zlotylotos.org/en/

Andrew, 067-4416458 kozakandre@gmail.com



SATURDAY, OCTOBER 7, 2017

KYIV INTERNATIONAL SCHOOL

INTERNATIONAL NIGHT

RSVP YOUR COUNTRY TO OLGA-TSYFRINETS@UKR.QSI.ORG





We are looking for a native speaker English tutor. Please contact Adassa 050 512 7909

Looking for a Mandarin speaking ayi (nanny) to take care of our 3 year old. Totally flexible on hours (could be full time or part time). Please contact Megan at 380 99 055 9843 or megan-woodruff@ukr.qsi.org. Any leads, information, or help with this seemingly impossible quest would be super appreciated.

Piano lessons for children and adults - contact: 0935727948 or 0993108230

Tutor Available. Experience in working with elementary aged students. Highly motivated, responsible, flexible and kind to children. I have great willingness to support a child in a variety situation I will help in doing homework, especially math ..I have great results in teaching it .Also, I have good experience in teaching the Russian language for foreign children. I develop an individual approach to kids. 0661020924

Nanny Available in the afternoons. She can take your children from school and stay until evening and on weekends. Has experience in families. For more information please call 063-986-9157 Galya

Housekeeper/Babysitter Available. My name is Alla. I am 58 years old, I live in Kiev. I have experience in American, French, Italian family 15 years. I have letters of recommendation. My contact 097-795-01-37.

Nanny-housemaid. Professional cleaning. I have recommendations. I will be glad to cooperate. Christina 099 314 28 82

Nanny/Babysitter/Substitute Nanny, Tutor. Cook/Housekeeper/Cleaning lady /Substitute if needed. I have almost 10 years of experience working for expat's families. I am a responsible, reliable, kind and positive person. Can also take care of your pets and plants. I speak Ukrainian, Russian and fluent English. University degree. Full or part time job is considered. References upon request. Please contact me by e-mail: ovi55@ukr.net or phone: 093 862 66 32. Olga

Nanny Available. Larissa Zaleska is looking for a babysitting job. She has worked as a nanny with American and European diplomatic families. She speaks Russian, Ukrainian and basic English. About 20 years working experience. Larissa worked with newborn children and children of preschool age. She is honest, enthusiastic reliable maintains excellent relations with people. Larissa looking for a fulltime work, or part time. Her cell number <u>+38067 4657081</u>

Professional cleaning, purchase of groceries if necessary, I can drive children to classes, to music school .. Experience 6 years in diplomatic families. I will be glad to cooperate. +380 95 875 02 60- Anna

Personal driver, Personal chef. Worked in Poland as a cook-confectioner. Great experience. I will be glad to work with you. 095 467 03 22 Roman

Experienced driver (20+ as a driving instructor at driving school "Vinol"). I have been working at Kyiv International school for the last five years; and as a result of the fact that the owners of the school went abroad, I am looking for a job. Abilities & skills: attentive, responsible, cautious, calm, accommodating and nonconflictive, no bad habits. **Vasil** Date of birth: 26 June 1968, Tel: +38(097)388-57-07

Apartment for Rent, Peremogy 125, 5 minutes drive to school. 4 rooms with full furniture, 2 parking include. Price 700\$. Call Natali 0978511725. Fluent English and Russian.

House for Rent: A fully furnished 3-bedroom house with all necessary appliances and house alarm for rent in Irpen. A yard of 8 ares with 30 beautiful pines. Friendly neighbors, lots of parks and supermarkets, not far from Lavina Mall. 16 km away from school (around 15 mins drive). Property Overview: 3 bedrooms/ 2 bathrooms/ 145 sqm/ 1200\$ per month/ + payments for utility services (around 4000 hryvnas in winter) Oleg (owner) ±380 (67) 414 24 24

House for rent from owner! (built in 2012, 350 sq. meters, located in Petropavlovskaya Borschagovka, fully furnished, \$2500): 3 bedrooms with installed furnished closets, 3 bathrooms, a dining room, a living room, an office room + a room for rest (joint), a loft-library, a spacious kitchen, utility rooms, a garage for 2 cars, and a terrace. The house is entirely furnished with European coziness and comfort. Other features: an alarm system and CCTV, warm floors, an advanced heating system (money-saving), and automatic watering. Please call: (067)323-2493, or email: svetakatenova@gmail.com

ALL APARTMENTs for RENT NEAR GOLDEN GATE AREA. 2 room - Streletskaya, 13 - 87 sq.m- near Norway Embassy. price - 1000 USD. http://fn.ua/user/newedit.php?ad_id=3435398 / 3 room - Streletskaya, 13 - 98 sq.m - price 1100 USD / 4 room - Streletskaya, 13 - 110 sq.m - price 1500 USD / 5 room - Jaroslavov Val, 15 - 185 sq.m | 105 | 15, 3 bedrooms, 2 WC, Parking. no furniture or discuss- Price - 3000 USD photo. http://fn.ua/newad/ad.php?ad_id=11071070 / 7 room - Reitarskay str. 17 - 210 sq.m - 2 floors, 2 WC, Living room 60 sq.m, 40 cabinet, residence. Price discuss./ House - Petropavlovskay Borshagovka, Mira Str., 350 sq.m - Price 2300 USD http://fn.ua/user/newedit.php?ad_id=10064290 Contact: Victoria Shtepa + 380 50 614 5017, or + 380 095 194 1040, e-mail:vshtepa@online.ua

Cub Scout Pack 3980 KYIV, UKRAINE LOOKING FOR NEW SCOUTS!

2018 KICKOFF AND INFORMATIONAL MEETING

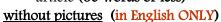
Cub Scouts is for boys in grades 1 through 5 (6 to 10 years old). We focus on having fun and building young boys into leaders! Check the link at http://www.scouting.org/scoutsource/CubScouts.aspx for more details about Cub Scouts.

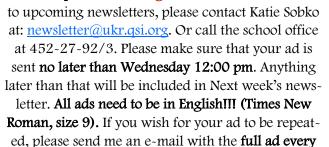
The 2018 kickoff meeting will be held September 17, 3:00 p.m./1500h Pechersk School International (PSI) in the Cafeteria.

Directions: https://www.psi.kiev.ua

Please RSVP as soon as possible to Todd Wilson at wilson.todd.w@gmail.com with questions.

If you are part of the KIS community and would like to contribute a short article (60 words or less)





time/week. Thank you for understanding.

Camping • Fishing • Hiking • Arts and Crafts • Skits • Service • History • Learning • Safety • Responsibility

KIN

Do you know that:

Please do not forget to refill your children's Debit cards before they have unpaid cheques at the cafeteria. The recommended sum of money for refilling the card is 1000 UAH. Please be always aware that children feel very embarrassed and frustrated when they have no money to pay for their lunches. Be bright, eat right!

Breakfast at the							Set Menu	2'd Snack (second break)	PRESCHOOL		
snackbar 7:45 to 10:00	1'st Snack (first break)	MENU 1	MENU 2	DIET	FISH & VEGETARIAN MENU	SALAD BAR MENU			Breakfast 9:00	LUNCH 12:00 to 12:40	2'd Snack 14:30
			4th School \	Neek of the M	onth						
	ī			MONDAY	ı					1648kcal	ı
Muesli & Yoqurt	Crepes	Chicken with Garlic Sauce	Pasta Bolognese	Beef Cutlet	Fish with Special Sauce	Tomatoes Cucumbers	Chicken with Garlic Sauce (80qr)	Baquette	Yogurt Fantasy	Beef Cutlet	Oatmeal Cookies
Ham & Cheese Bread & Buns &	Strawberry Jam	Rice with spinach	Spaghetti	Rice	Vegetable Ragout Grilled	Assortment of Green Salads	Rice	Soft Cheese	Apple	Rice	Compote
Pancakes	Apple	Green Salad	Salad Bar	amed Vegetables	Vegetables	Eggs	Cucumbers + Egg	Tomatoes	Carrots	Broccoli+ Egg	
Omelet & Eggs	Carrots	Vegetable Soup		Vegetable Soup	Vegetable Soup	Onion Rings	Fruits	Lettuce		Vegetable Soup	
Fruits		White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread Green tea with	Celery	White Bread	Grapes		Bread Green tea with	
Vegetables	Cheese	Green tea with Lemon	Juice	Compote	Lemon Oatmeal	Beet Sticks	Water	Juice		Lemon	
Juices & Tea	Juice 0,2	Oatmeal Cookies	Yogurt	Fruits	Cookies	Corn			388kcal	670kcal	590kcal
				TUESDAY						1347kcal	
Muesli & Yogurt	Wholemeal bread with seeds	Breaded and Baked Chicken Drumsticks	Criollo Beef	Baked Turkey Breast	Grilled Fish with Lemon	Tomatoes Cucumbers Assortment of	Baked Turkey Breast Cutlet (80gr)	Pizza	Crepes	Criollo Beef	Bun with cinnamon
Ham & Cheese	Mozzarella cheese	Penne Pasta	Mashed Potatoes	©	Falafel	Green Salads	Mashed Potatoes	Cucumber		Mashed Potatoes	Compote
Bread & Buns & Pancakes	Tomatoes	Salad "Cesar"	Salad Bar	Steamed Vegetables	Grilled Vegetables	Scrambled Eggs	Broccoli	Pepper	Fruits/Grapes	Paprika	
Omelet & Eggs	Green Salad Leaves	Stracciat	tella Soup Wholemeal bread with	President Soup Wholemeal bread	President Soup	Black Olives	Fruit	an Apple		President Soup	
Fruits Vegetables	Ruccola Pear	White Bread Hibiscus Tea	seeds Juice	with seeds Compote	White Bread Hibiscus Tea	Celery Carrots	White Bread Water	Bonaqua 0,5		Bread Hibiscus Tea	
Juices & Tea	Bonaqua 0,5	Bun with cinnamon	Yogurt	Fruits	Bun with cinnamon	Corn	Water		192kcal	782kcal	373kcal
Juices & Tea	Bonaqua 0,3	Bull with Chinamon		EDNESDAY	Cililation	Com		ļ	1921001	1592kcal	373KCdi
Muesli & Yogurt	Muesli	Chicken with Orange Sauce	Wiener schnitzel	Boiled Chicken	French Fish	Tomatoes Cucumbers	Wiener Schnitzel (80gr)	Peach	Oatmeal Cookies	Wiener schnitzel	Cottage cheese Pancakes
Ham & Cheese	Milk	Rice	Boiled Potatoes with butter	Buckweat	Carrots Cutlet	Assortment of Green Salads	Boiled Potatoes with butter	Cornflax	Apple	Buckweat	Fruits Tea
Bread & Buns & Pancakes	Nuts	Fitness Salad	Salad Bar	Steamed Vegetables	Grilled Vegetables	Cheese	Carrots + Egg	Activia 290ml	Carrots	Cucumber + Egg	
Omelet & Eggs	Banana		Fanny Soup	Clear Chicken Soup	Macaroni Fanny Soup	Sweet Pepper	Fruit	Bonaqua 0,5		Macaroni Fanny Soup	
Fruits		White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread			Bread	
Vegetables	Bonaqua 0,5	Fruits Tea	Juice	© Compote	Fruits Tea	Broccoli	Water			Compote	
Juices & Tea		Cottage cheese Pancakes	Yogurt	Fruits	Cottage cheese Pancakes	Corn			283kcal	1057kcal	252kcal
	I	T		THURSDAY	I					1153kcal	ı
Muesli & Yogurt	Grapes	Hawaiian Chicken	Empanadas	Steamed Meat Beef	Fish Cutlet "Brigantine"	Tomatoes Cucumbers	Steamed Meat Balls (veal) (80gr)	Cheese President	Toast with Cheese	Steamed Meat Beef	Sponge Cake with Chocolate
Ham & Cheese	Toast with Cheese	Fried rice		© Cous-Cous	Stuffed Paprika	Assortment of Green Salads	Buckwheat	Wholemeal bread with seeds	Apple	Cous-Cous	Chamomile Tea
Bread & Buns & Pancakes	Cherry Tomatoes	Green Salad with Pomegranates	Salad Bar	@amed Vegetables	Grilled Vegetables	Eggs	Paprika	Cherry Tomatoes	Carrots	Green Salad Leaves with Corn	
Omelet & Eggs	Carrots		cream Soup	Clear Chicken Soup	Potatoes cream Soup	Red Beans	Fruit	Green Salad	Paprika	Potatoes cream Soup	
Fruits		White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Pear		Bread	
Vegetables	Yogurt	Chamomile Tea	Juice	@ Compote	Chamomile Tea	Green Peas Cabbage	Water	Bonaqua 0,5		Compote	
Juices & Tea	Bonaqua 0,5	Sponge Cake with Chocolate	Yogurt	Fruits	Sponge Cake with Chocolate	Carrots Corn			191kcal	720kcal	242kcal
		_	НА	PPY FRIDAY						1357kcal	
Muesli & Yogurt	Cottage Cheese Pancakes	Chicken Tenders	Hot dog	Baked Chicken Breast	Fish Ragu	Tomatoes Cucumbers	Hot dog	Cottage Cheese Pancakes	Yogurt Actimel	Chicken Tenders	Muffin
Ham & Cheese	Strawberry Jam	Farfalle	Tex-Mex	"Artek"	Cabbage Rolls	Assortment of Green Salads	Salad mix	Jam	Apple	Farfalle	Juice
Bread & Buns & Pancakes	Apple	Salad mix	Salad Bar	Steamed Vegetables	Grilled Vegetables	Eggs	1/2 portion of Borsch	Grapes	Carrots/Eggs	Tomatoes	
Omelet & Eggs	Paprika		rsch	Buckwheat Soup	Borsch	Onion	Fruit	Yogurt Jivinka	Pear	Borsch	
Fruits		White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Bonaqua 0,5		Bread	
	1	Earl Gray Tea with		1 -	Earl Gray Tea	Red Cabbage		1	I		I
Vegetables	Cucumbers	Lemon	Lemonade	© Compote	with Lemon	Beet Sticks Cheese	Water			Fruit Tea	