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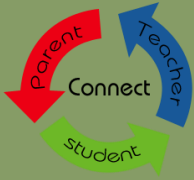
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13 October 2017

KIS  **25**
KYIV INTERNATIONAL SCHOOL
CELEBRATING 25 YEARS OF EXCELLENCE

NEWSLETTER ISSUE #09

PARENT ~TEACHER CONFERENCES



Friday, October 20, 2017

8:00 am—5:00 pm

Please see inside for details

TUITION PAYMENTS

Dear Parents,

The due date for Term 1 fees has passed. Failure to pay the balance by the due date may result in the withholding of status reports and all school records. Please contact Business Office in case you have any questions or concerns: anna-golodryga@ukr.qsi.org.



Come celebrate the end of the season of harvest at the KIS Fall Festival!

When: Friday, November 3, 2017 6:00pm - 8:00pm

Where: KIS old gym and black top

What: Trunk or Treat, Bake Sale, Fun games, Costumes

Jointly sponsored by the PTO and Events Committee for KIS families. More information to come.



TALENT SHOWS POSTPONED

The November Talent Shows have been postponed till March.

Please look for more details closer to the dates.

UPCOMING EVENTS

October

13-16 — MUN Trip to Vienna

14 — PTO Reading Night

16 — PTO Middle School Parent Lunch at
RONIN Restaurant 12:00 pm

17-19 — Picture Days: Class Portraits

19 — 1st Quintile Ends. Status Reports Issued

19 — Secondary Halloween Movie Night
7:00-11:00 pm

20 — Parent/Teacher Conferences
8:00 am - 5:00 pm

23-27 FALL BREAK—No School

30 — PTO Board Meeting

30-Nov 2, 9 — Picture Days: Individual
Portraits

November

2 — Preschool Coffee Chat

3 — PTO Fall Festival 6:00-8:00 pm

9 — Elementary Coffee Chat

16-17 — No School—Teacher Professional
Development Conference

23 — Middle School Coffee Chat

23 — Secondary School Coffee Chat

29 — PTO General Meeting

29-30 — PTO Used Book Fair

STEPPING OUTSIDE OUR COMFORT ZONE

We have all experienced it. Those feelings of nervousness or discomfort leading up to something difficult that stands in our way. Fear is a vital part of our survival. It pushes us to be safe and cautious in times that warrant protection. It is easy to look into a lion's cage and safely say, "This is out of my comfort zone, no thanks." Not all things in life that cause us fear and discomfort should trigger the "fight or flight" mentality. Many things that cause us fear end up being beneficial to our development and growth, if we are able to deal with them appropriately and work through them. Fear can prevent us from asking that teacher or friend for help, asking that girl or boy on a date, joining a school club, or talking with a coach about how to get better.



This last week, our Middle School and Secondary students were able to spend some valuable time in the workshops that were put on by Bill Buffery and Jill Nathanson, from the Multistory theater company. For some students, this was right up their alley and an opportunity to showcase their talents. For others, it was a subtle step out of their comfort zone with a little uneasiness. And, for another group of students this was a giant leap, and it may have felt like being in a lion's cage. However, for everyone who came in with an open mind and the willingness to try something new, it was an amazing experience. Pushing ourselves out of our own comfort zone have lasting benefits that potentially impact every part of our lives.

Increased Productivity – This has been referred to in a number of different ways, "zone of proximal development, productive discomfort, or the goldilocks concept. Essentially, if you're too comfortable, you're not productive, and if you're too uncomfortable, you're not productive. There is a balance of pushing our discomfort to allow us to grow and be productive.

Increased Adaptability – As we begin to feel more and more comfortable within the zone of discomfort, we become very adaptable. What makes LeBron James so amazing isn't that he doesn't feel stress or anxiety. He has learned to embrace those feelings which allows him to push the boundaries of his own success. We do the same on a smaller scale every day.

Increased Critical Thinking – Stepping out of our comfort zone requires us to try new things. If we are mindful in these opportunities, we are able to reflect on our previous and current ideas and how this thinking may conflict with new information. We naturally look for information that we agree with and having an open mind or being willing to think of things that might make us feel uncomfortable helps us to brainstorm and confront any challenges we might encounter.

No doubt, this last week with the Multistory Theater group was an incredible experience for our students. I would like to thank Leanne Hume for coordinating and organizing these workshops for our students and we hope that it will have a lasting impact.

- Luke Woodruff, Director

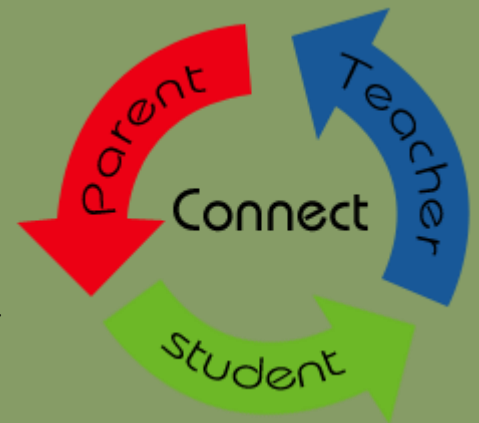
PARENT ~ TEACHER CONFERENCES

Parent-Teacher Conferences (PTCs) in KIS provide parents, teachers, and students an opportunity to talk about the student's academic progress, attitude towards learning, and social development.

This three-way partnership is essential in creating the conditions required for student success.

PTCs are held twice a year. Our first PTC is **Friday, October 20**, and the second is Thursday, May 31. More information will come regarding the May conferences, as these will be student led. Here are some important details about conferences next week.

- NO SCHOOL that day.
- Conferences are from 8:00-17:00.
- Parents are encouraged to bring their child with them to conferences.
- We also invite you to schedule meetings with LOE and IE teachers directly.



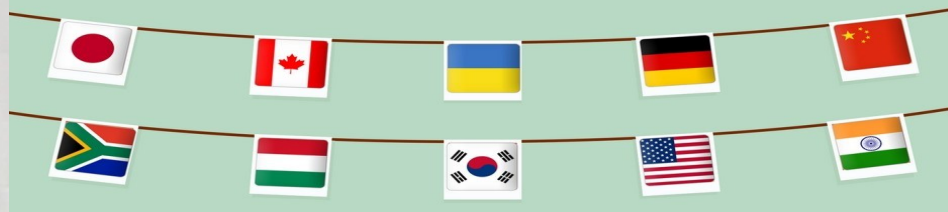
Preschool and Elementary:

- Schedule meetings directly with classroom teachers. Emails with details have already been sent by homeroom teachers. Conferences last about 20 to 25 minutes.
- If your child moves to a different class for reading, writing, and mathematics, please schedule with those teachers.
- Conferences with specialist teachers are also available.
- **Please communicate with your child's teachers to schedule appointments before 19 October 2017.**

Middle School and Secondary:

- Conferences are scheduled to last 15 minutes. If further time for discussion is needed, then an additional appointment should be made for another day.
- Conference sign ups are done electronically through Moodle with the parent login. Here are instructions:
- Click on "Family profile" link,
- Click on "PTC signups" button in vertical menu,
- Click on "Registration" button,
- Click on teacher picture, choose time slot and click on "Book" button next to it,
- Select student and provide optional comment in the registration form and click on "Save",
- Repeat steps for rest of the teachers you would like to meet.
- Instructions will also be emailed directly to parents. Registration for conferences will be active from **8:00 on Monday, October 16, through 19:00 on Thursday, October 19.**

There will be another conference on Wednesday, February 21, but this will be by school invitation only, meaning that only students identified by the school as requiring additional support will be asked to attend with their parents.



INTERNATIONAL NIGHT

SATURDAY, OCTOBER 7, 2017 5:00PM TO 7:30PM

Thanks to all who participated in this event – flag bearers, families that hosted tables, families that contributed towards raffle baskets, those who wore traditional costumes or country colors, school maintenance and custodial staff, and all who came out to enjoy the event. Everyone worked together to create an enjoyable evening. If you missed it this year, keep it in mind for next year.

~ KIS Events Committee



GREEK WEEK

Greek Week is over. As Bill and Gill of Multistory Theatre company make their exit, KIS students are left with a greater understanding of Greek theatre. Students were treated to workshops on how the stories were told and why they are still important. The whole week was full of students taking risks, asking questions, exploring big ideas and warming up our new auditorium stage for all the amazing events that are to come. Thank you to one and all who participated and made Greek Week possible!! BRAVO!



CLASS PICTURES & INDIVIDUAL PORTRAITS

Class and Individual Portrait days are coming.... The photography students are getting ready...It is time to SHOW OUR KOZAK SPIRIT! Can we get 100% Participation?? We think we CAN!

This year for our student's individual portrait we ask PLEASE let's all show our Kozak Colours and all wear **RED, WHITE, or BLACK**. Students, teachers, support staff when it comes your turn to show your Kozak Spirit... show your Kozak Colours!!



If you forget we will supply an alternative top for you... Let's help this year's yearbook team paint a picture of true Kozak Pride and School unity! 25 Years Strong. Schedules are below to help you remember when your pictures days are. See you at your photo shoot!!!

CLASS PORTRAITS: OCTOBER 17, 18, 19th

Day-Date	Period 1 8:15 - 9:02	Period 2 9:05-9:50	Period 3 10:02-10:47	Period 4 10:50-11:35	Period 5 11:38-12:23	Period 6 12:26-1:11	Period 7 1:14-1:59	Period 8 2:02-2:47	Period 9 2:50-3:35
Tuesday October 17th	8:20 - 8:40 4F 8:40 - 9:00 4K	9:00-9:20 4S 9:20-9:40 5L 9:40-10:00 5P	10:00-10:20 5T 10:20-10:40 6C 10:40-11:00 6K	11:00-11:20 6P 11:20-11:40 6S	11:40-12:00 9C 12:00-12:20 7J	LUNCH	1:15-1:35 7K 1:35-1:55 7P	2:00-2:20 8H 2:20-2:40 8N 2:40-3:00 8P	3:00-3:20 8R
Wed. October 18th	8:20-8:45 11's 8:45 -9:00 12's	9:00-9:20 13's 9:20-9:40 3Y 9:40-10:00 3Z	10:00-10:20 SEC I 10:20-10:45 SEC II	10:50-11:15 7B 11:20-11:40 10B	11:40-12:00 9S 12:00-12:20 9T	LUNCH	1:15-1:35 9F 1:35-1:55 10F	2:00-2:25 10H 2:25-2:50 10Z	3:00-3:20 Any missed classes
Thursday October 19th	8:20-9:00 SEC III	9:00-9:30 SEC IV							

Class Portraits will take place IN THE AUDITORIUM. Please arrive at the side door closest to the cafeteria. Please have your students in order from Tallest to Smallest. THANK YOU SO MUCH FOR YOUR HELP AND SUPPORT

Individual Portrait Schedule: October 30th, 31st November 01st, 02nd, 09th

Date	Before School	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8	Period 9	After School
DAY 1 Monday October 30th	SET UP	8:20-8:40 6C 8:40-9:00 6K	9:00-9:20 6P 9:20-9:40 6S	10:00-10:20 7B 10:20-10:45 7J	10:50-11:15 7K 11:15-11:35 7P	11:40-12:15 8N 12:15-12:25 8P	Lunch	1:20-1:40 8R 1:40-2:00 8H	2:02-2:47 All Staff	2:50-3:35 All Staff editing	3:35-4:15 All Staff
DAY 2 Tuesday October 31st	8:00-8:15 STAFF	8:20-8:40 9C 8:40-9:00 9F	9:00-9:25 9S 9:25-9:40 9T	10:00-10:20 10B 10:20 - 10:45 10F	10:50-11:15 10H 11:15-11:35 10Z	Photography students Eat Early	12:26- 1:11 11's (&MS teachers)	1:20-2:00 11's (&MS teachers)	2:02-2:47 12's (&MS teachers)	2:50-3:35 12's (&MS teachers)	n/a
DAY 3 Wednesday November 01st	8:00-8:15 STAFF	8:20-8:40 3Y 8:40-9:00 3Z	9:00-9:20 4F 9:20-9:40 4K 9:40-10:00 4S	10:00-10:20 5L 10:20 - 10:45 5P	10:50-11:15 5T 11:15-11:35	11:40-12:15 Photography students Eat Early	Lunch	1:20-2:00 SEC III (&HS teachers)	2:02-2:47 SEC III (&HS teachers)	2:50-3:35 editing	3:35-4:15 All Staff
DAY 4 Thursday November 02nd	8:00-8:15 STAFF	8:20-8:40 13's 8:40-9:00 13's (&MS teachers)	9:00-9:20 13's 9:20-9:40 13's 9:40-10:00 13's (&MS teachers)	10:00-10:20 SEC I 10:20 - 10:45 SEC I (&HS teachers)	10:50-11:15 SEC I 11:15-11:35 SEC I (&HS teachers)		Lunch	1:20-2:00 SEC II (&HS teachers)	2:00 2:47 SEC II (&HS teachers)	2:50-3:35 editing	n/a
DAY 5 Monday November 06th	8:00-8:15 STAFF	Retakes STAFF	Retakes STAFF	10:00-10:20 SEC IV 10:20 - 10:45 SEC IV (&HS teachers)	10:50-11:15 SEC IV 11:15-11:35 SEC IV (&HS teachers)	11:40-12:15 SEC IV 12:15-12:25 SEC IV (&HS teachers)	Lunch	STAFF	STAFF	2:50-3:35 STAFF	n/a

Individual portraits will take place in ROOM 217 (Ms. Hume's Room). Staff should have their pictures taken with their classes other staff time are in yellow. ALL Staff must get photos taken as they will also be used for the website.

PLEASE PLEASE PLEASE ALL STUDENTS AND TEACHERS WEAR RED, BLACK or WHITE shirts

This will support our yearbook concept which is A 25th silver anniversary yearbook K²⁵

If you do not have a red, black or white short, we will happily give you a shirt to wear. Thank you!!

PRESCHOOL

5T Scientists Stay Safe

During our Science class, 5T kids took some time to go over all of the safety rules in the Science Safety Contract. We made Milk



Rainbows which was a fun activity that gave the kids a chance to practice the safety rules.



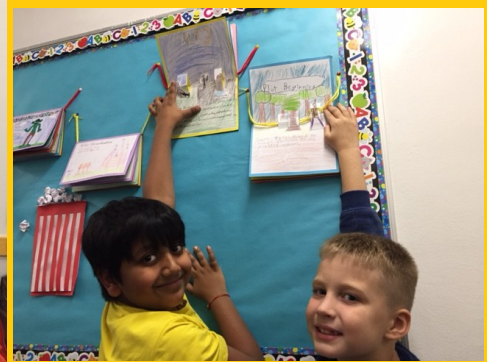
PRESCHOOL / ELEMENTARY PARENT LUNCH



ELEMENTARY SCHOOL

The Elementary Department has been incredibly busy this week. As usual the excellent teachers are getting into their stride and finishing up their second unit of the year in most courses. As teachers are preparing for parent teacher conferences next week, students are finishing projects and finalizing unit assessments before the fall break. We hope sincerely that you will attend the parent teacher conferences on 20 October 2017. Please contact teachers for appointments. We would not want you to miss seeing what your children have been learning this quintile.

As the busy weeks have passed, the eight year olds have been finishing a project by making pop-up books to demonstrate parts of a story. They pulled out the most important parts of a book, illustrated them, and cut and pasted little people parts of the story on pop-up elements. They are amazing! I have enjoyed watching the classes create them. Come walk by the 8 year old hallway on level 2 to see these amazing pop-up books.



The eight year olds also took a field trip to an ostrich farm. "They had a great time at the ostrich farm. The students were able to observe ostriches in the various stages of their life cycle--from egg to grown ostrich. They also learned many fun facts about ostriches. Did you know that ostrich eggs are extremely strong? Trust me, three students sat on one egg without it breaking! After the tour, the students were allowed to see other animals on the farm. They encountered some very interesting (and stinky) animals!" reported Mrs. Holmquist.



MIDDLE SCHOOL

An exciting event happened in Mr. Bateman's classes last week. Since Mrs. Bateman's new classroom is too small for her classroom fish tank, she donated it to Mr. Bateman's class. She has had this beautiful tank in her room for 5 years and wanted it to continue to be enjoyed by others. So she donated it to Mr. Bateman's classroom. It has been exciting watching as the tank was cleaned, filled with water and all the filtration and aeration equipment was added, but still no fish. It took some time to prepare but finally we now have new pieces to the puzzle in our classroom. Students who want to contribute fish to the tank school can do so. It is very exciting to see new fish in our room. As you can see from these pictures the students are excited to have a school of fish in school. It is interesting that some of the students who were in Mrs. Bateman's class 5 years ago when she first received the tank are in Mr. Bateman's class now.



HALLOWEEN MOVIE NIGHT

*Come Enjoy a Thriller / Horror Double Feature
Thursday, October 19th - 7:00-11:00 PM
In the New Gym
70 UAH / Ticket
(100 UAH if your Permission Form's late)
Includes Popcorn, Chips, & a Drink*

Wear your cozy clothes!



SECONDARY SCHOOL

Halloween Movie Night

Come on out and enjoy the fun on Thursday, Oct 19. It's the last evening before Parent Teacher Conferences and Fall Break. Don't forget to get a permission form signed and drop it off at Ms. Marianna's desk by 4:00 PM on Tuesday, Oct 19. If you bring your form late, the price of the event will go up. On-timers pay 70 UAH. Late-returned pay 100 UAH. Admission includes snacks and drinks!

ACADEMIC RIGOR



AP Art History

Kyiv is so rich in the art and architectural tradition, which we will be covering in AP Art History this year, that we decided to go see it for ourselves.

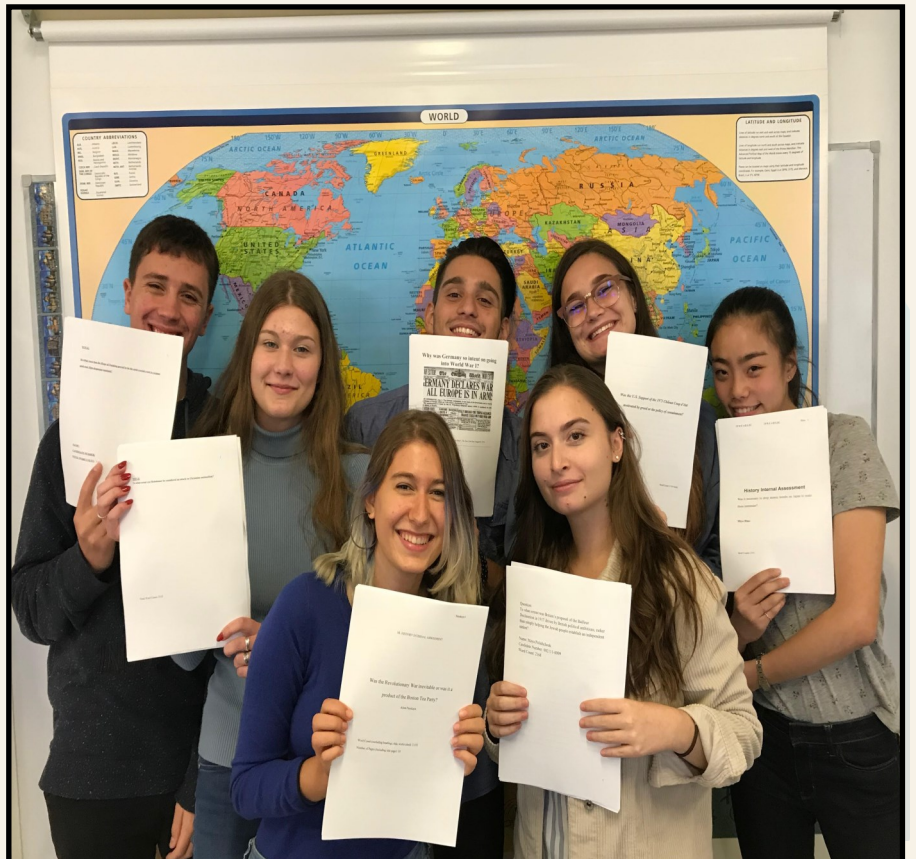
We started our journey at the Institute of Noble Maidens – 19th century Ukrainian architecture. Several styles were located in one district and represented different epochs each with its own special story. It was a very rich day full of art and architecture of Kyiv. The students learned many things about Kyiv's art and architectural history.

Internal Assessments for IB HISTORY

Students in Mr. Semeniuk's IB History class completed their historical investigations into topics of their own interest. Students' topics were 20th century issues from all over the globe.

Students needed to overcome the real-world challenges that historians must navigate when producing an academic research paper.

This is the only Internal Assessment for IB History, and so the students are now able to take a deep breath, and move onto the preparation phase for their final exams in May.



LOE ~ LANGUAGE OTHER THAN ENGLISH

Week of Languages



PARENT TEACHER ORGANIZATION ~ PTO

Dear Parents,

You are invited to join us for our upcoming PTO Annual Parent Lunch with the Middle School Academic Coordinator Mr. Temple and our School Director, Mr. Woodruff. This is an informal event at a trendy restaurant and a great opportunity to meet other parents of Middle School students. Please come along for good food and conversation.



10/16

LET'S
EAT!

You are invited to our annual PTO Middle School Parent Lunch.

October 16
RONIN
vul Zoolohichna 10
300 uah/person

TIME 12 noon

RSVP

by October 9
vitaros20@gmail.com



KOZAKS ATHLETICS & ACTIVITIES

KYIV INTERNATIONAL SCHOOL. KYIV, UKRAINE.

ATHLETIC DIRECTOR MESSAGE

STUDENT ATHLETES & PARENTS

ATHLETICS

ACTIVITIES

2017-2018 SEASON

KSSL & CEESA

NEWS & MEDIA

KIS HOMEPAGE



Check out the new Kozaks Athletics & Activities website.

Schedules and Results.

News, Updates and Photos.

Livestreaming of CEESA events.

Information for Student Athletes and Parents.

athletics.kis.net.ua

KOZAK PRIDE



KIS would like to welcome MS Robotics back to the after school activities program. Mr. Rollstin and his crew are the first MS robotics team at KIS in the past 4 years.

Each year, through the First Lego League organization, young students are challenged with tasks to be completed through the construction and programming of Lego robots.

This year the team hopes to travel to Tirana, Albania to compete in the CEESA MS Robotics competition. Schools from all over Europe will be competing head to head to complete the given tasks.

Good luck to Oscar , Vivian , Omkar , and Illia.

Another program returning to KIS this year is the HS tennis program. KIS was fortunate to make connections with a KIS Alumnus whose family happens to own the new tennis academy in Kyiv.

<http://tennis-academy.com.ua/en/about/>

Not only will we have a HSB and a HSG tennis team this year we will also be hosting this year's HSB CEESA Tennis Tournament. This means that we will now be hosting 4 events this year. If you have already signed up to host other events but would like to either change to tennis or add tennis please contact me as soon as possible. We will need approximately 25 host families for this event.

Our HS Model United Nations Delegation is off to Vienna today to represent KIS at this year's Webster United Nations Conference. <http://www.webmun.org/>

Good luck to Danylo Onchev, Oleksandra Skarboviychuk, Filip Zapeca, Anna Mamedova, Hlib Maidanik, Dogukan Kantoglu, Maxim Farhat, Anastasiya Mozolevych, Stefania Klymenko, Anna Pogoriler, Maya Polishchouk and teachers Michele Taylor and Susan Kilby. I am sure they will represent our school very well.

Although our Fall season is only half way completed we need to start thinking about winter sports and activities. If your child would like to take part in our swimming or basketball program s/he must be signed up via the registration form on the school web page. <https://www.qsi.org/ukraine/ukr/>

The deadline for sign-ups is November 13. Students will be allowed to switch sports if they wish until November 30,

Coaches will be holding information lunch meetings very soon in order to get an idea how many students are interested. It is very important that all students who are interested attend these meetings. We will develop KSSL schedules based on the number of students who attend these meetings.

Thanks go out to MR. Conover for helping create our new KIS Athletics and Activities web page. There you will find updates on all our sports and activities along with information regarding hosting and CEESA events. It is a work in progress and I am sure we will see more and more information in the future.

<http://athletics.kis.net.ua/>

If anyone in our KIS community would like to host visiting CEESA students please use the registration form on the school web page. You do not have to participate in activities to host students for these events.

Thank you all for your support.

Marty Curry,
Athletic Director

ATHLETICS

KIS COMMUNITY ACTIVITIES PROGRAM

Dear Parents;

In an attempt to continue to promote a healthy lifestyle and grow our school community, I would like to introduce you to the KIS Community Activities Program. We have some wonderful facilities here at KIS and it would be great to see our school community take advantage of them.

Follow this [KIS Community Activities](#) link to see the activities we would like to host at our school throughout the year.

These activities are primarily intended for the KIS community; teachers, staff, students and parents. However, if there is room in the activity our community members may invite up to 2 guests each to participate in the activity.

If you would like to join one of the activities all you need to do is click on the registration form link and put your name in the form. All details regarding the activity are on the form.

If there is no link that means that we do not have anyone to supervise the event. We need at least 2 people to take the responsibility of being contact people for each event. These people can be any member of our school community; staff, teachers, or parents. If you would like to sponsor an event please contact me as soon as possible and I will create a registration form.

Finally, if you have an idea for an activity please contact me as well and we will see if we can make it happen.

Thank you all for your support in building our KIS Community.

Kind regards,
Marty Curry

Update:

Our Community Activities program is under way with a number of great activities for you to come and take part in. We have added a new activity this week. Ultimate Frisbee will be available to our parents and guests on Sundays from 9:30 until 11:00.

Families are spending quality time together at our Family oriented Karate Lessons, while soccer parents are getting fit during Saturdaymorning Soccer lessons. Pickleball is also in full swing again.

We are still looking for adult sponsors for the following activities; Volleyball, Badminton, Outdoor Soccer, Indoor Soccer.

Once sponsors have been found, we can open the sign up lists for these activities.

If you have an idea or suggestion for an activity please do not hesitate to contact me and we can see if we can make it work.

Marty Curry

WANTED FOR HIGH SCHOOL ART PROGRAM

The art department is looking for donations of objects that they would like to have in the classroom to be able to draw and paint:

1. Commonplace objects, whether natural or artificial.
2. Natural objects: food, flowers, other plants, feathers, rocks and stones, shells, skulls, and bones.
3. Artificial objects: books, vases, glassware, jars, jewelry, coins/currency, tools, candy, plastic toys, corks from wine bottles.
4. Magazines, newspapers, yarn, buttons, fabric, recycled clear washed plastic containers
5. Baby food jars.



#PLAYTHEGAME

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Game play includes singles and doubles.

With an estimated two million players worldwide, pickleball is the fastest growing racquet sport in North America and is quickly spreading to the rest of the world with clubs in Australia, Belize, Belgium, Costa Rica, the Czech Republic, England, Finland, France, Hungary, India, Mexico, the Netherlands, Scotland, Spain, Sweden, Thailand and **Ukraine**.



Wednesday Night Pickleball
Wednesdays 7:00pm to 10:00pm

Learn to Play Clinics
Sundays 10:00am to 12:00pm

Kyiv City Pickleball League
Sundays 12:00pm to 2:00pm

Classifieds

Piano Lessons. Please call 095-074-0049

Piano Lessons 2017/18- for children and adult. 30 year Expiriens from 5 year and up. Contact: [+ 380 50 6145017](tel:+380506145017), [e-mail:vshtepa@online.ua](mailto:vshtepa@online.ua)

Sale 2 Piano (Chernigov, UKRAINE) braun colore. Price: 350 USD (near Metro Lukyanovskaya) Contact: [+ 380 50 6145017](tel:+380506145017), [e-mail:vshtepa@online.ua](mailto:vshtepa@online.ua)

Unique Pets - Huge African Snails Quiet, easy to care for, interesting to watch. I have 3 to give away. For more info contact: patriciashapka@ukr.qsi.org

Reliable Student Babysitter Available. 13 year old—For weekends. English speaker, fluent in Ukrainian and Russian. Please call 063-563-8090

An experienced tutor available. Math, English, familiar with QSI curriculum. Elementary or middle school. Can come to your house after school. Kind but strict, ready to help your child with homework or just to make sure he/she is not behind. For inquiries please call/message Tanya 0663091300.

Tutor Available. Experience in working with elementary aged students. Highly motivated, responsible, flexible and kind to children. I have great willingness to support a child in a variety situation I will help in doing homework, especially math ..I have great results in teaching it .Also, I have good experience in teaching the Russian language for foreign children. I develop an individual approach to kids. 0661020924

Nanny/Housekeeper Available! We are leaving Kiev, so Ira, who has worked for us for more than two years, is available for babysitting and cleaning work. She is a very hard-working woman and has a positive, cheerful attitude. She always found age-appropriate activities for the girls (3 and 5 y.o), who love her very much. She also speaks basic English, so understanding each other was never a problem. She always knew what to do, while

doing cleaning/laundry etc. even without me telling her. She has been working for KIS families for several years, she is honest, reliable, bakes delicious cookies - I would take her with us to our next assignment if I could! Call Ira directly on [+380 63 607 0507](tel:+380636070507)

Wonderful Cleaning Lady is available! Saponenko Lydmila Mobil: 0669859742. We would like to recommend a fantastic cleaning lady. She was not only a cleaning lady, but also a person to trust to pay your bills, run small errands, and cook. She knows how to get her job done! Lydmila was helping me with my kids, plus she is very responsible and intelligent person. We were very sad to let her go when we moved. If you need to confirm this reference please contact me at annapalmer03@gmail.com

Nanny-housemaid. Professional cleaning. There are recommendations. I will be glad to cooperate. Christina 099 314 28 82

Professional cleaning, purchase of groceries if necessary, I can drive children to classes, to music school .. Experience 6 years in diplomatic families. I will be glad to cooperate. +380 95 875 02 60- Anna

Personal driver, Personal chef. Worked in Poland as a cook-confectioner. Great experience. I will be glad to work with you. 095 467 03 22 Roman

Experienced driver (20+ as a driving instructor at driving school "Vinol"). I have been working at Kyiv International school for the last five years; and as a result of the fact that the owners of the school went abroad, I am looking for a job. Abilities & skills: attentive, responsible, cautious, calm, accommodating and no conflictive, no bad habits. **Vasil** Date of birth: 26 June 1968, Tel: +38(097)388-57-07

Apartment for Rent, Peremogy 125, 5 minutes drive to school. 4 rooms with full furniture, 2 parking include. Price 700\$. Call Natali 0978511725. Fluent English and Russian.

House for rent from owner! (built in 2012, 350 sq. meters, located in Petropavlovskaya Borschagovka, fully furnished, \$2500): 3 bedrooms with installed furnished closets, 3 bathrooms, a dining room, a living room, an office room + a room for rest (joint), a loft-library, a spacious kitchen, utility rooms, a garage for 2 cars, and a terrace. The house is entirely furnished with European coziness and comfort. Other features: an alarm system and CCTV, warm floors, an advanced heating system (money-saving), and automatic watering. Please call: (067)323-2493, or email: svetakatenoVA@gmail.com

ALL APARTMENT for RENT NEAR GOLDEN GATE AREA. 2 room - Streletska, 13 - 87 sq.m- near Norway Embassy. price - 1000 USD. http://fn.ua/user/newedit.php?ad_id=3435398 // 5 room - Jaroslavov Val, 15 - 185 sq.m| 105| 15, 3 bedrooms, 2 WC, Parking, no furnitura or disscas- Price - 3000 USD foto. http://fn.ua/newad/ad.php?ad_id=11071070 Contact: Victoria Shtepa [+ 380 50 614 5017](tel:+380506145017), or [+ 380 095 194 1040](tel:+380951941040), [e-mail:vshtepa@online.ua](mailto:vshtepa@online.ua)

BALLET ACTIVITY

Want to learn ballet/dance ?

Now there is a new activity at KIS!

EVERY SATURDAY (STARTING FROM OCTOBER 7)

**MULTIPURPOSE ROOM (MPR) AT KIS
12:00 PM- 1:30 PM**



IF YOU ARE INTERESTED, PLEASE CONTACT MIYU HINO:

• s_miyu_hino@ukr.qsi.org



If you are part of the KIS community and would like to contribute a short article (60 words or less) **without pictures** (in English ONLY)

to upcoming newsletters, please contact Katie Sobko at: newsletter@ukr.qsi.org. Or call the

school office at 452-27-92/3. Please make sure that your ad is sent **no later than Wednesday 12:00 pm**. Anything later than that will be included in next week's newsletter. **All ads need to**

be in English!!! (Times New Roman, size 9). If you wish for your ad to be repeated, please send me an e-mail with the **full ad every time/week**. Thank you for understanding.





Dear parents and teachers! Please, remind your children to take off their coats and wash their hands before they enter the cafeteria. As hygiene offences may lead to serious health problems, this is a substantial argument to not ignore the hygiene rules. Be bright, eat right

Breakfast 7:45 to 10:00	1'st Snack (first break)							2'd Snack (second break)	PRESCHOOL		
		MENU 1	MENU 2	DIET	FISH & VEGETARIAN MENU	SALAD BAR MENU	Set Menu		Breakfast 9:00	LUNCH 12:00 to 12:40	2'd Snack 14:30
3d School Week of the Month											
MONDAY											
									1222kcal		
Muesli & Yoqurt	Mozzarella	Chicken with Terivaki Sauce	Beef Stroganoff	Steam Cutlet (veal)	Fish with Special Sauce	Tomatoes Cucumbers	Steam Cutlet (veal) (80gr)	Muesli Bar	Yoqurt Fantasy	Steam Cutlet (veal)	Swiss Cookies
Ham & Cheese Bread & Buns & Pancakes	Baquette Tomatoes	Fried rice Bulgarian Sopsky Salad	Farfalle Pickled Cabbage Salad	Barley Porridge Steamed Vegetables	Omelet with Vegetables Grilled Vegetables	Assortment of Green Salads Eggs	Rice Cucumbers + Egg	Cheese Paprika	Apple Carrots	Farfalle Paprika	Juice
Omelet & Eggs	Lettuce	President Soup	President Soup	President Soup	President Soup	Onion Rings	Fruit	Cucumbers		President Soup	
Fruits	Grapes	White Bread Green tea with Lemon	Wholemeal bread with seeds Juice	Wholemeal bread with seeds Compote	White Bread Compote	Celery Beet Sticks	White Bread Water			White Bread Compote	
Vegetables	Water							Plums			
Juices & Tea		Swiss Cookies	Yoghurt	Fruit	Swiss Cookies	Corn		Juice 0,2			
									243kcal	646kcal	333kcal
TUESDAY											
									1439kcal		
Muesli & Yogurt	Fresh Cheese	Gordon Blue(Chicken)	Pasta Carbonara	Boiled Chicken Fillet	Fish with Mushrooms	Tomatoes Cucumbers	Boiled Chicken Fillet (80gr)	Cracker	Cheese	Gordon Blue(Chicken)	Marble pie
Ham & Cheese	Crouton	Fori	Spaghetti	Wheat Porridge "Artek"	Zaziki	Assortment of Green Salads Scrambled Eggs Croutons	Spaghetti	Nut	Crecker	Fori	Cranberry Tea
Bread & Buns & Pancakes	Yoqurt Rostishka	Pasta Salad	Carrots With Raisins	Steamed Vegetables	Grilled Vegetables		Tomatoes	Kiwi	Fruits/Grapes	Cucumbers+ Egg	
Omelet & Eggs	Paprika	Solanka Soup	Solanka Soup	Clear Chicken Soup	Millet Soup	Black Olives	Fruit	Paprika		Millet Soup	
Fruits	Berries	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread			Compote Wholemeal bread with seeds	
Vegetables	Bonaqua 0,5	Cranberry Tea	Juice	Compote	Compote	Carrots	Water	Cheese			
Juices & Tea		Marble pie	Yoghurt	Fruit	Marble pie	Corn		Yoghurt Activia			
									344kcal	755kcal	340kcal
WEDNESDAY											
									1456kcal		
Muesli & Yogurt	Cheese Babybel	Rice "Kazimir"	Burekas	Steamed Chicken Cutlet	Fish with Tomato Basil Sauce	Tomatoes Cucumbers	Burekas 1p	Pancakes with Jam	Yoqurt Dino	Stewed Veal	Pundyk
Ham & Cheese Bread & Buns & Pancakes	Muesli Bar Peach	Rice Italian Salad	Salad Stolichniv	Wheat Porridge Steamed Vegetables	Vegetarian Burekas Grilled Vegetables	Assortment of Green Salads Cheese Croutons	Season Salad 1/2portion of	Apple Yoqurt Actimel	Apple Carrots	Buckwheat Steamed Broccoli+ Corn	Fruit Tea
Omelet & Eggs	Celery	Clear Chicken Soup	Clear Chicken Soup	Clear Chicken Soup	Rossolnik Soup	Sweet Pepper	Clear Chicken Soup	Blueberries		Rossolnik Soup	
Fruits	Carrots	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	Fruit			White Bread	
Vegetables	Juice 0,2	Sea Buckthorn Tea	Juice	Compote	Fruit Tea	Broccoli	Water	Paprika		Compote	
Juices & Tea		Pundyk	Fruit, Yoghurt	Fruit	Pundyk	Corn		Bonaqua 0,5			
									398kcal	688kcal	370kcal
THURSDAY											
									1244kcal		
Muesli & Yogurt	Sausage Bun	Home Style Chicken	Steak Beef	Baked Cutlet (veal)	Fish & Chips	Tomatoes Cucumbers	Grilled Chicken 80gr	Cheesecake	Toast with Cheese	Home Style Chicken	Praline
Ham & Cheese Bread & Buns & Pancakes	Green Salad Leaves	Grilled Vegetables	Rice	Buckwheat Steamed Vegetables	Vegetable Casserole Steamed Vegetables	Assortment of Green Salads Eggs Croutons	Rice Korean carrots	Cucumbers	Apple	Rice	Tea with Lemon
Omelet & Eggs	Cherry Tomatoes	Mixed Salad	Korean carrots	Dumpling Soup	Pumpkin cream Soup	Red Beans	Fruit	Paprika	Carrots	Paprika + Egg Pumpkin cream Soup	
Fruits	Bonaqua 0,5	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery Green Peas Cabbage Carrots	White Bread	an Apple	Paprika	White Bread	
Vegetables		Lemonad	Lemonade	Compote	Tea with Lemon	Corn	Water	Bonaqua 0,5		Compote	
Juices & Tea		Praline	Fruit, Yoghurt	Fruit	Praline						
									245kcal	784kcal	215kcal
HAPPY FRIDAY											
									1281kcal		
Muesli & Yoqurt	Toast with Cheese	Chicken Kiev	Faitas	Stewed Veal	Fish with Vegetable	Tomatoes Cucumbers	Home Style Chicken (80gr)	Marble Cake	Yoqurt Actimel	Chicken Kiev	Pancakes
Ham & Cheese	Cherry Tomatoes	Mashed Potatoes		Artek	Fajitas with Cheese	Assortment of Green Salads	Mashed Potatoes	Actimel	Apple	Mashed Potatoes	Fruit Tea
Bread & Buns & Pancakes	Cucumbers	Green Salad with Pomegranate	Salad Starokievskiv	Steamed Vegetables	Grilled Vegetables	Eggs Croutons	Beets	Grapes	Carrots/Eggs	Cucumbers+ Carrots + Salad	
Omelet & Eggs	Carrots	Borsch	Borsch	Vegetable Soup	Borsch	Onion	Fruit	Dried apricots	Pear	Borsch	
Fruits	Grapes	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread			White Bread	
Vegetables		Fruits Tea	Lemonade	Compote	Fruit Tea	Red Cabbage Beet Sticks	Water	Carrots		Lemonade	
Juices & Tea	Bonaqua 0,5	Pancakes	Fruit, Yoghurt	Fruit	Pancakes	Corn		Bonaqua 0,5			
									191kcal	810kcal	280kcal