# THE KOZAK'S KORNER

UVOV ODTEBOLATIONAL SCOOL

## Kyiv International School

Svyatoshinsky Provulok 3A Kyiv, Ukraine/-Phone: 452-27-92/3 Fax: 423-61-66 Email: <u>kiev@ukr.qsi.org</u> Website: <u>https://www.qsi.org/ukraine/ukr/</u> Newsletter Link: <u>https://www.qsi.org/ukraine/ukr/student-life/newsletter/</u>

### SCHOLARSHIPS

#### Our scholarship application window is open from April 1st to the 15th.



If you would like to apply for a scholarship for the next 2017-2018 school year, please go to our school website (<u>https://www.qsi.org/ukraine/ukr/</u>) and fill out the scholarship application form located under the "Admissions" tab (<u>http://kis.net.ua/site2/?page\_id=5815</u>).

Helping Children Succee

### GUEST SPEAKER—JORDAN HATTER

Mr. Jordan Hattar, the director of the organization Help4Refugees (<u>http://help4refugees.org/</u>) will be at Kyiv International School on April 4th and 5th to speak about his experiences and ways that we can help with the refugee crisis around the world. He will be visiting several

around the world. He will be visiting several of our classes and giving presentations to a couple of larger groups, followed by a presentation to interested parents and teachers in the afternoon of Wednesday, April 5 in the 2nd floor of the multi-purpose room at 3:45 pm.

CollegeBoard







Calendar of Events

March 31, 2017

### April

- 1 NHS Group Service Project 9am—4pm
- 1 Secondary By-Law Day 1:15-4:30 pm
- 1-15 Scholarship Application Window
- 4 University Representative Visit from FHWS Germany 12:30-1:30 pm in the Secondary Office
- 4 French DELF Exam: A2 Level, Part 1
- 5 French DELF Exam: B1/B2 Level, Pt1
- 4-5 Guest Speaker @ KIS: Jordan Hattar (Help4Refugees)
- 5 Jordan Hatter Presentation (Help4Refugees) in the MPR 3:45pm
- 5 PTO Board Meeting
- 5-6 KIS Students visiting German School
- 7 KIS ARTfest 9:00 am—6:30pm
- 8 ACT
- 8 PTO Gala Dinner @ 7:00pm
- 10-12 KIS Book Fair 8:30 am—4:30pm
- 12 Secondary School Science Fair from 5:30-7:00pm
- 17-21 Spring Break—No School
- 23 Coffee Morning w/Elementary DI, Ms. Lois Bridenback 8:30am in the Cafeteria
- 25 4th Quintile Ends. Narratives & Status Reports Issued
- 25 Earth Day Trash Fashion Show @ 1:15pm
- **26**—PTO General Meeting
- 27 French DELF Exam: All 3 Levels Pt 2

### **Elementary Korner** Music Presentation for the 7 year olds

All 7 year olds were invited to watch a presentation by Maksym Berezhnyuk, a famous Ukrainian musician, instrumentalist and performer on many different traditional woodwind instruments from all over the world. Mr. Berezhnyuk had brought up to twenty or thirty instruments from his own collection, which consists of more than one hundred instruments from many countries.

The 7 year olds have just started practicing on the simplest woodwind instrument called the recorder. They are also learning about cultures of different countries. Therefore, they had a chance to watch Mr. Berezhnyuk playing on many kinds of flutes from Europe, Asia, India, Northern America, etc. While sitting with closed eyes and listening to the beautiful sound of pipe flute or bagpipes, they were creating some picturesque scenes in their imagination.

Ms. Ionova, Music Teacher



## Middle School Korner

### Ms. Taranec's 11 year old Science Class Experimenting with Dry Ice



## Secondary School Korner

### **Graduation Planning Committee News**

The Planning Committee for Graduation 2017 have had several productive meetings and here is a summary of their work:

- The graduation ceremony will be Saturday, June 3 at 2:00 in the New Gym at KIS;
- Mrs. Hume has agreed to be the photographer for graduation and the dinner;
- An invitation has been sent for a speaker for the event;
- Students will be allowed the opportunity to submit a proposal to speak;
- Balloons will be released by the graduates at a ceremony following graduation;
- Flower baskets will be ordered for decorating the stage as well as a flower for each student to wear;
- Refreshments have been ordered for the reception following graduation; and
- Graduation dinner will be at the Fairmont on Saturday night following graduation. Please pay the 55 euro per person to reception as soon as possible. The deadline for payment is May 19th but the 50% deposit is due much soon-er. Please indicate your choice of fish, meat or vegetarian meal.

The next meeting will be April 28 at 10:30 in the Secondary Office. For more information please feel free to contact the secondary office (<u>susan-kilby@ukr.qsi.org</u> or <u>scott-legan@uke.qsi.org</u>).

### **University Representative Visit**



On Tuesday, April 4, a representative for FHWS, a German university, will visit KIS to talk with students and parents interested in attending this university. She will be in the secondary office from 12:30 - 13:30 to talk with you. Please come and hear about the opportunities at this school. Here is the website for more information. <u>https://international.fhws.de/en/</u>



### Fundraising for Secondary WWW London Trip

Buy yourself a super handy KIS Year-At-A-Glance Planner

We put every significant date on the KIS Year Plan on a huge, single sheet calendar, so that it's easy to see when the breaks, long weekends, and random days off in the middle of the week are.

You can also see the starts and ends of the terms and quintiles -- super handy for the teachers and uber involved parents in the crowd!!

Those planners can be ordered at our table at next week's Art Fest (Friday, April 7 -- all day) and from Mrs. Hume at the KIS PTO Gala Dinner.



### Sports Korner Shot Put Practice



Shot put practice is on Tuesdays and Thursdays from 3:45 to 5:15. Students are not allowed to be on the playground behind the cage.

### Kyiv Junior Soccer League & Junior Soccer Training School 2017

Kyiv Junior Soccer League & Junior Soccer Training School is coming up! Inaugural games and practices will be played on Saturdays at KIS, starting from April 08, 2017.

The goal of this developmental league and training school for players (boys and girls under 11y.o) is to have FUN and improve their soccer skills while engaging in a sport they enjoy. We are planning to have 8 players per team for League games and 10-15 players for Training School per age group. Junior Soccer League and Training School will consist of six Saturdays (see schedule below). All soccer league participants will receive medals. This season we will try to use field for 2 hours only. The League and Training School will be run by Mr.Prima (anatolyprima@ukr.qsi.org), tel- (093-207-48-90). Please feel free to approach Mr.Prima with any concerns, comments or questions you may have. If you are interested in coaching your son`s or your daugh-ter`s team, please let me know.

Dates: April 08,29, May 06,13,20, June 03, 2017

#### Please NOTE, the DUE DATE for registration is April 04, 2017. First come first serve.



Age	Time	Event		
9-10 y.o. class (boys & girls)	10:00-11:00	Soccer Training School		
5-6 y.o. (boys & girls) 7-8 y.o. (boys & girls)	10:00-11:00 10:00-11:00	Soccer Training School Soccer Training School		
8-10 y.o. class –girls	11:00-12:00	League/Games		
9-10y.o boys	11:00-12:00	League / Games		
7-8 y.o. (boys)	11:00-12:00	League / Games		



### Summer Sports Camp 2017 (5 Days)

#### Summer Soccer/Basketball/Swimming/ Skating and

**Bowling Sports Camp** is a high quality camp for boys and girls from ages 7-11. Through camp activities, children will improve their skills, build confidence, and make new friends. This is the best place to become a better player.



#### <u>Dates:</u> June 19-23 (5 Days only) <u>Location</u>: Kyiv International School

**Cost :** \$250 one week session and includes water, snacks, lunches, certificate, medals, field trips with activities, a camp T-shirt and Pizza Party or (\$50) per day with lunch.

#### Daily schedule:

8:30-8:50 Drop off 9:00-9:10 Morning Instructions & Stretching

9:10-10:00 Soccer teaching and skill development stations 10:00-10:15 Snack

10:15-10:35 Skills contests with prizes

10:35-11:45 Scrimmages/league play

11:45-12:45 Lunch + mini activities: chess, checkers, pingpong etc.

12:45-13:45 Basketball drills & skills development stations 13:45-14:45 Team basketball games or swimming (optional) 14:45- Second snack 15:00- Pick up

> Bowling on Tuesday and Thursday after lunch Aqua park on Wednesday Ice-Skating on Friday



## Library Korner Book Fair Coming Up—April 10-12





Dear teachers, students and parents,

With Easter just around the corner, Dinternal Books is pleased to let you know about our longstanding tradition of holding Easter book fairs at International schools in Kiev.

We will have a huge range of books on offer. New encyclopedia editions, the latest best sellers for teenagers, chapter books and board books for younger readers will all be available to buy. We're also bringing a wide range of crime fiction novels and the newest film tie-ins for teachers and parents.

The titles we are bringing include the series of the Wimpy Kid books, the 'Miss Peregrine's Home for Peculiar Children' series and last but not least, the exciting new Harry Potter book, 'Harry Potter and the Cursed Child'.

We would like to let you know that we are unable to put any books aside for later purchase due to the limited number of copies available, so please bring your purse with you on the day. Also the purchased books can not be returned.

The book fair will be held on  $10^{\text{th}} 11^{\text{th}}$  and  $12^{\text{th}}$  April from 8-30 to 16-30

Our team can't wait to see you all. Don't forget to visit us and grab your very special book!



## **Earth Day**

### **Trash Fashion Show—April 25th**

All creative and enthusiastic students (and parents!!!) are invited to take part in the first ever held Trashion show at KIS Kiev.



Ms. Isabelle Tausch, a fashion artist offered her expertise in helping to create costumes and running the fashion show. To see some previous work of Isabella review the following: <u>https://www.youtube.com/watch?v=Q4\_K64bEN80</u> <u>https://www.youtube.com/watch?v=heQXExfkWs0&feature=youtu.be</u>

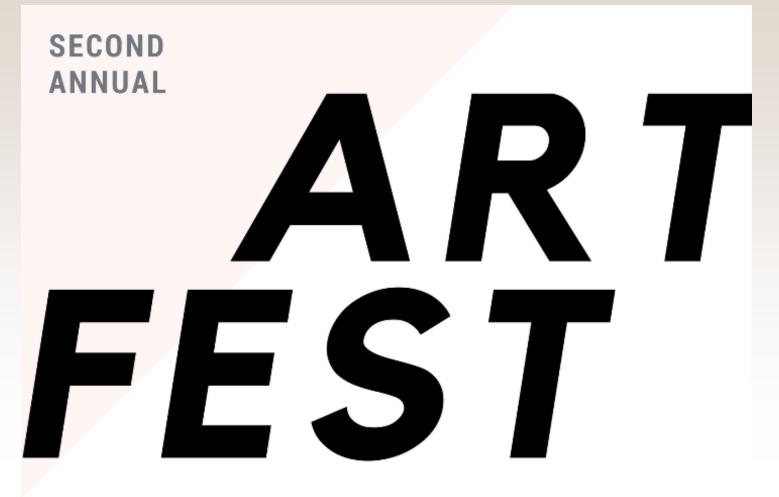
All you have to do is create fashion from recycling materials. Everyone is invited to be creative and make their own unique piece of fashion (dresses, hats, jewellery). Students will walk the catwalk in celebration of Earth Day. On Tuesday April 25th. The whole school will be gathering in the gym and watch the show.

We invite parents to support their children to collect waste materials and designing the children's costumes. Ms. Tausch will be available as well to support. The Trashion Show aims in raising awareness of the amount of trash we daily create and the value it has, as shown in the pictures from Ms. Isabella's amazing fashion.

#### For more information please contact:

Highschool: Mr. Peter Kampen **Middle school:** Ms. Kari Spellman Elementary: Ms. Louise Kampen Environmental Committee: Mr. Geoff Cooper

## **ArtFest**



## ART & PHOTO EXHIBITION LIVE DRAMA & MUSIC PERFORMANCES

WHEN: APRIL 7, 2017/ 9:30 AM - 6:30 PM

WHERE: KIS MAIN BUILDING, LOBBY

KIS

a

FOR ONE NIGHT ONLY

### **IB Visual Arts Exhibition**

### Kyiv International School IB VISUAL ARTS EXHIBITION 2017



Opening: Friday April 7 4:30 pm-6pm Reception

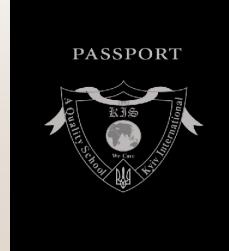
FEATURING THE WORK OF ANDREW AND CHELSEA

Teachers, students and visitors crossing the KIS reception area will find the final exhibition of the IB Visual Arts course which opens Friday, April 07, 2017. We can meet their artwork made by 12th graders Andrew and Chelsea. High School Art teacher, Mrs. Sadeq, will introduce the exhibition explaining that "part of this course is to assess a final exhibition. Paintings on display are combinations of two years' work and we can see an advance from the first artworks to the last, and the progress they made. We hope our KIS family will take the time to visit the exhibition with some of their classes. Ms. Sadeq thinks that taking Visual Arts in IB is a complement for their education, regardless if students take an artistic degree after their graduation: "IB encourages diversity and Visual Arts is an interesting election, different from other subjects".

## Yearbook Korner

#### ATTENTION ALL KIS PARENTS, STUDENTS and STAFF!!! YEARBOOKS ARE ON SALE NOW AT RECEPTION!!

Do not delay pre-order your yearbook today!! Supply is limited. Please note if you buy BEFORE April 14th you get \$5 off. After Spring break the price goes up to \$75 a book. RUN don't walk...this year's book is a beautiful passport to priceless memories



### **PTO Korner**



KIS

ala

inner



## SATURDAY, APRIL 8, 19:00

- CHAMPAGNE RECEPTION -- 3 COURSE DINNER, WINE & BEVERAGES INCLUDED -- LIVE ENTERTAINMENT, DJ, DANCING -- SILENT AUCTION, PRIZES AND SURPRISES -

Tickets reservation: Natalia Narula : 050-3569930 natalia.narula@gmail.com, Viktoria Rosinska: vitaros20@gmail.com Venue: InterContinental Hotel, 2A Velika Zhitomirska St. Dress code: Cocktail attire Ticket price: 1900 UAH (Tables of 10).

INTERCONTINENTAL

JOIN US FOR AN UNFORGETTABLE EVENING FULL OF CHEER, MUSIC, DANCE AND EXCELLENT CUISINE!

## Summer Camp 2017 (4 Week Day Camp for 3—12 year olds)

The twentieth annual International Summer Camp in Kyiv for children ages 3-12 will be held at Kyiv International School (KIS), Svyatoshinskiy Proulok 3-A. The camp will begin June 19 and end July 14 and will run 8:30 a.m. – 3:00 p.m. Monday through Friday. We have lots of activities planned, so get ready for fun! Each day at camp will bring something new: Friday's shows, Mini-Olympics, food festivals, cooking classes, treasure hunts, trampoline, dancing, swimming, fun with English activities, sport and art/craft activities, self-defense classes, and guest performances. Starting the second week (June26-July14), we are adding Sport Group for



children ages 7 and up for those who love sports and have a lot of energy. The Sport Group program will include swimming, Martial Arts, basketball, soccer, baseball, long jumping, racing, and fun sections. The cost will cover all activities plus two snacks, drinks, and a lunch.

International Week	JUNE 19	JUNE 20	JUNE 21	JUNE 22	JUNE 23
	Camp Palm Tree	Mini-Olympics	Origami Club	Guest Performance	Talent Show
	Swimming	Swimming	Swimming	Swimming	Swimming
	Designers' Club	Cooking Club	Dancing	Self-defense Class	Dancing
	Science Club	Self-defense Class	Food Festival	Art Club	Ice-cream Party
History Week	JUNE 26	JUNE 27	JUNE 28	JUNE 29	JUNE 30
	Camp Great Wall	Mini-Olympics	Invention Fair	Guest Performance	Camp Olympics
	Swimming	Swimming	Swimming	Swimming	Swimming
	Designers' Club	Cooking Club	Dancing	Self-defense Class	Dancing
	Science Club	Self-defense Class	Food Festival	Art Club	Ice-cream Party
Nature Week	JULY 3 Scavenge Hunt Swimming Designers' Club Science Club	JULY 4 Mini-Olympics Swimming Cooking Club Self-defense Class	JULY 5 Pet Rocks Swimming Dancing Food Festival	JULY 6 Guest Performance Swimming Self-defense Class Art Club	JULY 7 Camp Fashion Show Swimming Dancing Ice-cream Party
Mystery Week	JULY 10	JULY 11	JULY 12	JULY 13	JULY 14
	Footprint Trail	Mini-Olympics	Twin Day	Guest Performance	Talent Show
	Swimming	Swimming	Swimming	Swimming	Swimming
	Designers' Club	Cooking Club	Dancing	Self-defense Class	Dancing
	Science Club	Self-defense Class	Food Festival	Art Club	Ice-cream Party

#### Summer Camp 2017 Program

For more information, please contact Olena Petrenko by e-mail: <u>olenapetrenko@ukr.qsi.org</u> or phone: 050-550-2636

## **Classifieds**

Classified advertisements are provided as a service to the community. They are not vetted or directly produced by Kyiv International School, and KIS does not guarantee the quality of these products or services. In addition, KIS cannot be held liable for any damages encountered as a result of the products or services in these advertisements.

- SALE up to 40% off Caramel London British brand of children's clothing is finally in Kyiv! Passage 15 // Mon-Sat 11AM-9PM // Sun 11AM-8PM +38 (096) 959 48 50, +38 (044) 364 73 20
- Boys' Choir. Revutskyi Municipal Men's Chorus, winner of number of international competitions, is in search of singing or willing to sing boys, from ages 6 and up. The auditions are on Wednesdays, Thursdays, Fridays from 16:30 through 19:00; Saturdays, Sundays from 12:00 till 13:00, at ½ Basseyna str.(2<sup>nd</sup> floor), Bessarabska Square. For more information call Elena at 093-155-4445/099-153-85-03.
- **BE LIKE A LOCAL! Study Russian or Ukrainian as a foreign language in Kyiv** (near metro Nyvki). Kyiv's school Slavic Educaton Center offers private and group lessons of Russian and Ukrainian language. Our tutors can provide lessons at your place or at our school which is located near metro Nyvki 45a, Scherbakova, Str. We provide an individual program based on your language learning goals. We will find you a convenient training schedule as well as a group that corresponds to your language level. For more information please check our website <u>http://slavic-edu.com/en/</u> or contact us <u>+38 (066) 765-22-67</u>
- **Experienced tutor for elementary and middle school students Available.** Familiar with the QSI Curriculum. . Please call 063 563 8090.
- **Experienced Tutor for:** Middle and High school Mathematics, Physics, and Chemistry. Also can help with English and Spanish. Familiar with the QSI Curriculum. Please call: 095-216-2874 (Mr. Ivan Salazar)
- Piano Lessons for children and adults. 30 year Experience from 5 year olds and older. Contact: <u>050 6145017</u>, <u>e-mail:vshtepa@online.ua</u>
- Piano Lessons for children & adults. For beginners & advanced. Classical Piano Education & also Making up, Improvising and Invent Music... Classical music, Popular songs, Rock & Jazz... Also Guitar lessons. Recording on computer. Roman 050 968 71 58
- **Super Guitar teacher: Due to our relocation**, our guitar teacher has an opening for new students. Eugene is a very experienced musician who plays in a band and gives private lessons to both adults and kids. He speaks Russian and English. Please, contact Eugene on (093)4543099.
- **Driver: I am looking for a job as a family driver.** Age: 31 years old. Very responsible and always willing to help with errands, around the city. Accident-free driving, category B, business etiquette, mobility. Ukrainian and Russian speaker. Please, contact Ruslan on  $\pm 38 (063) 963-70-41$ .
- **Car & Driver:** Due to relocation, we recommend our super driver, Gennadiy, who has been working for us for the last 5 years. Gennadiy owns a Toyota Highlander, is very trustful and always willing to help with errands, around the city. Russian speaking. Please, contact Gennadiy on (067) 4436561.
- I am looking for a job as a family driver. Age: 27 years. Experience 5 years. Accident-free driving, category B, business etiquette, mobility. Ukrainian, Russian, English with a dictionary. Private car: Toyota Corolla. Experience with KIS family. Daniel. <u>+380935594667</u>, sola\_sistim@ukr.net
- Nanny, cleaning lady, housekeeper/cook is looking for a full/part time job. My name is Olga and I am a hardworking, trustworthy, good-natured and very friendly person. I am 53 years old and I've got 5 years of experiences working with children (in the kindergarten and babysitting) and brought up two wonderful children of my own, who I am so proud of now! Speak basic English, Russian, Ukrainian. References upon request. For more info in English please contact Yulia 0689346455
- **Excellent Nanny:** Due to relocation, we recommend our super nanny, Ivanka, who has been working for us for the last 2 years. She is a very polite and calm person who loves kids, punctual and trustful, plus always willing to help with small tasks around the house. She speaks Russian / Ukrainian / English (fluent). For more info, please, contact Ivanka on (099)0524307.

Nanny Available. 38 years old. Fluent in Russian and Ukrainian. Basic English. Loves children very much. Please call 097-308-6967

- Nanny/ Larissa Zaleska looking for a babysitting job. Over 18 years experience with American families, and worked in a German family. Worked with newborn children and children of preschool age. Larissa is honest, enthusiastic and reliable. She speaks some English and fluent in Russian and Ukrainian. Larissa is looking for fulltime work, or part time work. Cell 067 4657081
- Nanny/Babysitter/Substitute Nanny, Tutor. Cook/Housekeeper/Cleaning lady /Substitute if needed. I have almost 10 years of experience working for expat's families. I am a responsible, reliable, kind and positive person. Can also take care of your pets and plants. I speak Ukrainian, Russian and fluent English. University degree. Full or part time job is considered. References upon request. Please contact me by e-mail: <u>ovi55@ukr.net</u> or phone : 093 862 66 32. Olga
- **Housekeeper Available.** Reliable, trustworthy, hardworking. Will help with anything that needs to be done. Fluent in English, Russian and Ukrainian. Has experience working with KIS Families. Please contact Natasha directly: 096-960-1797 or 066-133-6473.

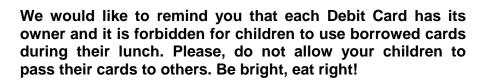
Nanny/ Housekeeper. 0993142882 Kristina.

- Houses for rent in Pechersk area Yagotyns'ka str, 220 sq.m., 4 bedrooms, not furnished, 3200\$ // Verhnegors'ka str, 560 sq.m., 4-5 bedrooms, swimming pool, terrace, 4500\$ // Mendeleeva str, 250 sq.m., 4-5 bedrooms, partially furnished, 3500\$ // Raevskogo str, 180 sq.m., 3 bedrooms, 2 bathrooms, terrace,1500\$ // Ol'shans'ka str, 360 sq.m., 3-4 bedrooms, partially furnished, 1600\$. Please contact Olga 067 7716191 for viewings.
- Apartments for rent:Kruglouniversitetskaya 3-5, S 192 KB.M. 4 bedrooms, 2 bathrooms. 3,000\$. // Golden Gate 26 Honchara street, 180 m2, partially furnished, 3 bedrooms 3,000\$ // Yaroslaviv Val, 180 sq.m. 2 levels, 4 bedrooms, 3,000\$.// Circus area Pavlovska and Turhenivska str, 200 sq.m., 3-4 bedrooms, 2200\$. Please contact Olga 067 7716191 for viewings.
- Apartments for rent: 13 Staronavodnitskaya street, 242 m2, furnished apartment, 4 bedrooms 2,600\$ // Kruglouniversitetskaya 3-5, 7th floor, S 192 KB.M. 4 bedrooms, 2 bathrooms. 3,000\$. // Gonchara str and Yaroslaviv Val (Golden Gates) 3-4 bedrooms, 3,000\$.// Circus area - Pavlovska and Turhenivska str, 200 sq.m., 3-4 bedrooms, 2200\$. Please contact Olga 067 7716191 for viewings.
- Houses for RENT, No commission from Tenant! Petropavlivs'ka Borschagivka, 15 min driving to KIS, 360 sq.m., 4 bedrooms, 4 bathrooms, furnished and fully equipped, wardrobes, 2500 usd + monthly charges. // Petropavlivs'ka Borschagivka, 10 min driving to KIS, 480 sq.m., 3 bedrooms, study, big play area, furnished and fully equipped, wardrobes, near lake. 2900 usd // House in quiet neighbourhood, near forest, 450 sq.m., land 1300 sq.m., 5 bedrooms, partially furnished, 1500 usd per month.// Petropavlivs'ka Borschagivka, 15 min driving to KIS, 450 sq.m., 5 bedrooms, big play area, not furnished and fully equipped, wardrobes. 2800 usd No commission from Tenant. Please call 050 4469357 for viewings.
- All Apartments for Rent Near Golden Gate Area. 5 room Jaroslavov Val, 15 - 185 sq.m, 2 wc. // 7 room - Reitarskay str. 17 - 210 sq.m - 2 floors, 2 WC, Living room 60 sq.m, 40 cabinet, residence Price discuss. // 2 room -Streletskaya, 13 - 87 sq.m - near Norway Embassy. price - 1000 USD. <u>http:// fn.ua/user/ newedit.php?ad\_id=3435398</u> // 2 room - Streletskaya, 13 - 78 sq.m, jaccussi - Price 1300 USD. <u>http://fn.ua/user/ newedit.php?</u> <u>ad\_id=10515015</u> // House - Petropavlovskay Borshagovka, Mira Str., 350 sq.m - price 2300 USD <u>http://fn.ua/user/ newedit.php?ad\_id=10064290</u>. Contact: Victoria Shtepa <u>+ 380 50 6145017</u>, or <u>+ 380 0951941040</u>, e-<u>mail:vshtepa@online.ua</u>



If you are part of the KIS community and would like to contribute a short article (60 words or less) <u>without pictures</u> (in English ONLY) to upcoming newsletters, please contact Katie Sobko at: <u>newsletter@ukr.qsi.org</u>. Or call the school office at 452-27-92/3. Please make sure that your ad is sent no later than Tuesday 12:00 pm. Anything later than that will be included in Next week's newsletter. All ads need to be in EnglishIII (Times New Roman, size 9). If you wish for your ad to be repeated, please send me an e-mail with the full ad every time/week. Thank you for understanding.

Dear parents,



	1'st Snack (first break)		Lunch 10:50 to 14:00						PRESCHOOL		
Breakfast 7:45 to 10:00		MENU 1	MENU 2	DIET	FISH & VEGETARIAN MENU	SALAD BAR MENU	Set Menu	2'd Snack (second break)	Breakfast 9:00	LUNCH 12:00 to 12:40	2'd Snack 14:30
			1st School We	ek of the N	lonth						
MONDAY									1159kcal		
Muesli & Yogurt	Muesli Bar	Grilled Chicken	Swiss Beef	Baked Turkey	Fish with Special Sauce	Tomatoes Cucumbers	Chicken Cutlet in the Oven (80gr)	Mozzarella	Yogurt Fantasy	Swiss Beef	Sweet heart bun
Ham & Cheese Bread & Buns & Pancakes	Cheese Paprika	Rice with spinach	Pasta Fusilli	Buckwheat Steamed Vegetables	Vegetarian Plov Grilled Vegetables	Assortment of Green Salads	Steamed Rice	Baquette	Apple	Pasta Fusilli	Green tea with Lemon
Omelet & Eggs	Cucumbers	Soup w		Soup with Egg	Soup with Egg	Eggs Onion Rings	Tomatoes Fruit	Tomatoes Lettuce	Carrots	Tomatoes Soup with Egg	
Fruits	Gucumbers	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Grapes		Fruit Tea	
Vegetables	Plums	Green tea with Lemon	Juice	Compote	Fruit Tea	Beet Sticks	Water	Juice 0,2		White Bread	
Juices & Tea	Juice 0,2	Sweet heart bun	Yoghurt	Fruit	Sweet heart bun	Corn			243kcal	643kcal	273kcal
			TUI	ESDAY					1215kcal		
Muesli & Yogurt Ham & Cheese	Cracker Nut	Chinese Wings	RoastBeef Mashed Vegetables	Boiled Chicken Mashed Potatoes(diet)	Home Style Fish Potatoes Krucheniki	Tomatoes Cucumbers Assortment of Green Salads	Baked Beef Cutlet (80gr) Mashed Vegetables	Fresh Cheese Crouton	Cheese Crecker	Baked Cutlet (veal) Mashed Vegetables	Crepes Fruit Tea
Bread & Buns & Pancakes	Kiwi	Green Salad	Salad Bar	Steamed Vegetables	Grilled Vecetables	Scrambled Eggs	Cucumbers	Yogurt Rostishka	Fruits/Grapes	Cucumbers+ Eqq	
Omelet & Eggs	Paprika	Meat Ba	Ills Soup Wholemeal bread with	Vegetable Soup Wholemeal	Vegetable Soup	Black Olives	Fruit	Paprika		Meat Balls Soup	
Fruits Vegetables	Cheese	White Bread	seeds	bread with seeds	White Bread	Celery Carrots	White Bread Water	Berries Bonaqua 0,5		Compote Wholemeal bread with seeds	
Juices & Tea	Yoghurt Activia	Crepes	Yoghurt	S Fruit	Crepes	Corn	Trato.	Bonaqua 0,0	230kcal	774kcal	211kcal
buildes di rea	Toghart Activity	Urcpca		NESDAY	Orcpc3	Com			200100	1239kcal	2111001
Muesli & Yogurt	Pancakes with Jam	Schnitzel Milanese	Chili con Carne	Baked Beef Cutlet	Grilled Salmon	Tomatoes Cucumbers	Schnitzel Milanese (80gr)	Cheese Babybel	Yogurt Dino	Schnitzel Milanese	Strudel
Ham & Cheese Bread & Buns & Pancakes	Apple Yoqurt Actimel	Baked Potatoes	Rice Salad Bar	Buckwheat Steamed Vegetables	Baked Zucchini de Provence Grilled Vegetables	Assortment of Green Salads Cheese	Buckwheat Carrots + Apple	Muesli Bar Peach	Apple Carrots	Rice Steamed Broccoli+ Corn	Compote
Omelet & Eggs	Blueberries	Sish 🖉	Soup	Noodle Soup	Noodle Soup	Sweet Pepper	Fruit	Celery		Noodle Soup	
Fruits		White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Carrots		Fruit Tea	
Vegetables	Paprika	Sea Buckthorn Tea	Ø Juice	Compote	Fruit Tea	Broccoli	Water	Juice 0,2		White Bread	
Juices & Tea	Bonaqua 0,5	Strudel	Yoghurt	Fruit	Fruit Salad	Corn			191kcal	621kcal	427kcal
		1	THU	IRSDAY	1				1213kcal		
Muesli & Yogurt	Cheesecake	Indian Chicken	Meat Balls with White Sauce	Steamed Chicken Balls	Fish with Teriyaki Sauce	Tomatoes Cucumbers	Indian Meat Balls (80gr)	Sausage Bun	Toast with Cheese	Steamed Chicken Balls	Chocolate/Fruits Roll
Ham & Cheese Bread & Buns & Pancakes	Cucumbers Paprika	Pasta Al Pesto Vegetable Salad	Indian rice Salad Bar	"Artek" Steamed	Tomatoes with Fresh Cheese Grilled Vegetables	Assortment of Green Salads Eggs	Pasta Al Pesto Broccoli	Green Salad Leaves Cherry Tomatoes	Apple Carrots	Pasta Al Pesto Paprika + Egg	Compote
Omelet & Eggs	an Apple	<ul> <li>Vegetable Salad</li> <li>Ø Tomatoes of</li> </ul>	-	Millet Soup	Tomatoes cream Soup	Red Beans	Fruit	Fruits	Paprika	Tomatoes cream Soup	
Fruits		White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery Green Peas	White Bread	Bonaqua 0,5		Tea with Lemon	
Vegetables	Bonaqua 0,5	Lemonade	Ø Juice	Compote	Tea with Lemon	Cabbage Carrots	Water			White Bread	
Juices & Tea		Chocolate/Fruits Roll	Yoghurt	🥝 Fruit	Chocolate Roll	Corn			245kcal	650kcal	318kcal
HAPPY FRIDAY							1398kcal				
Muesli & Yoqurt	Marble Cake	Chicken Cutlet	Pizza Margarita/Pizza with Salami	Contraction Turkey Souffle	Fish with Sweet & Sour Sauce	Tomatoes Cucumbers	1 portion of Pizza Margarita	Toast with Cheese	Yogurt Actimel	Turkey Souffle	Mini Pizza Margarita
Ham & Cheese	Actimel	Potatoes with Sou Crean		Buckwheat	Colorful Bean Salad	Assortment of Green Salads	Salad "Cesar"	Cherry Tomatoes	Apple	Buckwheat	Fruits Jelly
Bread & Buns & Pancakes	Grapes	Salad "Cesar"	Salad Bar	Steamed Vegetables	Grilled Vegetables	Eggs	Borsch	Cucumbers	Carrots/Eggs	Tomatoes	Compote
Omelet & Eggs	Dried apricots		wholemeal bread with		Borsch	Onion	Fruit Wholemeal bread with	Carrots	Pear	Borsch	
Fruits &		White Bread	seeds	bread with seeds	White Bread	Celery Red Cabbage	seeds	Grapes		White Bread	
Vegetables	Carrots	Fruits Tea	Lemonade	Compote	Fruits Tea	Beet Sticks	Water			Fruits Tea	
Juices & Tea	Bonaqua 0,5	Fruits Jelly	Yoghurt	🧭 Fruit	Fruit Jelly	Corn		Bonaqua 0,5	191kcal	755kcal	452kcal

