

THE KOZAK'S KORNER



June 9, 2017

KYIV INTERNATIONAL SCHOOL



Kyiv International School

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Newsletter Link: <https://www.qsi.org/ukraine/ukr/student-life/newsletter/>

A LETTER FROM THE DIRECTOR

Dear Parents:

It's been a quiet week in Kyiv International School. Middle School and Secondary has spent much of the week gone on Week Without Walls trips, and all of our classes are showing the slow wind-down at the close of the year.

After graduation this past Saturday night, it is hard not to spend some time reflecting on the year gone by. It's been a busy, wonderful year with all of you, and it saddens me a bit that my next newsletter note will be my last with Kyiv International School. But it sure feels like not so long ago that we were putting some plans in place for the start of the school year, and how the construction project would affect things. And now we're almost done: with the year, and with the auditorium construction. I won't say good-bye yet, though; I still have a week before I need to.

Some things to think about: next week is our last week of school, with our final day coming on Friday, 16 June. **Release for that last day of school will be at 11:30 AM;** please make sure, if your child does not take the bus, that you're aware of the different pick-up time that day.

There are many end of year celebrations and field trips coming up next week; see your child's individual class newsletters for updates on these. Much of these events are meant to celebrate and recognize the accomplishments of our students as well as provide a final bonding experience before we all go on summer break and, for some, on to other places.

Finally, on **Tuesday, June 13, from 3-4 PM, we will have a small open house to show off the progress of the new auditorium project.** It is well on its way to completion, and will be open and ready for use in August, but we wanted to give you all an opportunity to check it out for yourselves, and to give yourself a chance to take a look at the space. Please join us!

Thanks to all for all you do to support the school.

Eben Plese,
KIS Director



Calendar of Events

June

7-14 — Secondary Week Without Walls

12 — Summer School Enrollment Deadline

13 — Showing of the New School

Expansion Project 3:00-4:00 pm

14 — Teacher Appreciation Day

14 — MS Awards Day

15 — MS Sports Day

15-16 — Secondary Sports Day

16 — Last Day of School — Half Day

16 — End of Term 3

16 — 5th Quintile Ends

17 — Last Day for Teachers

19-30 — Summer School

Showing of the New School Expansion Project

Please join us on Tuesday, June 13 from 3-4 PM for a sneak peak of the new school expansion project. You can have the opportunity to see what this space will look like before it opens in August, 2017.

Please note that this area is still a construction zone. As such, this event is only for adults; we will not allow students, even when accompanied by adults, into this area. They will be able to enjoy the space in August.

Pre-School/Elementary Korner

4K Class Pet Looking for a Host Family for the Summer



ATTENTION! We need your help!

As we are wrapping up the year, our class pet Fluffy has not found a host family to stay with. As I know most of you are also traveling, maybe you know anyone who would have him over the break? We have all the food, hay, and filling for his cage that should last through the summer ready! We will also provide a leash, a brush, and Fluffy himself to be your loyal friend and summer pet :) Please let us know if anyone would be able to take care of him! We would be so thankful! Email Ms. Zoya if you are willing to take him over the summer! zoya-khimich@ukr.qsi.org

Daisy Girl Scouts

The Daisy Girl Scouts have earned another petal in their on-going work of learning about the Girl Scout law. The bright pink petal is for learning about respecting authority, and the girls read books, and played red light green light, and discussed what they can do to show respect to those that are responsible for our safety, education and family.

Let's hear it for these young ladies of such integrity!

Hooray for Daisy Girl Scouts!



6-8 Year Old Music Performance



Middle School Korner

MS Student Council (StuCo) Elections

Over 125 10, 11, & 12 YO students voted in the MS StuCo election Friday. A huge thank you to all who participated for the tremendous independent endeavor and courage it takes to run. The results are in! Congratulations to --

- Secretary -- Dasha Y.
- Treasurer -- Sarah H.
- Vice President -- Nedda Z.
- President -- Trinity W.



Ms. Miller's Class Ice-Cream Party

Congratulations to Ms. Miller's Cultural Studies class in saving enough Kozak Kash for an ice cream party! Kozak Kash is given to students to promote positive behaviors, students in Ms. Miller's class had to turn in 5 KK each to get an ice cream from the snack bar. Good job KIS Middle School Kozaks, keep up the good work!



MS/HS Music Concert

Congratulations to the MS & Secondary Music Department for the 'Night of Musical Fantasies,' on June 1st. It was an incredible to see what the students were able to learn and accomplish this year in music class. Well done, musicians!! Also, a big thank you to Mr. Assenov for all the hard work with the students and for organizing the concert.





Secondary School Korner

Secondary Awards Ceremony



Secondary StuCo Elections

The 2017-18 SecStuCo Executive has been elected. They are:

Secretary: Margarita M.
Treasurer: Gleb M.
Vice-President: Stefan K.
President: Fil Z.

And, the brand new SecStuCo bylaws have been officially accepted by the student body.

Thanks to all who ran, and to all for running such great, positive, elaborate and inventive campaigns.



WWW Service Learning Project

FREE ENGLISH LESSONS

Secondary students are offering English lessons. KIS students and instructors will teach the lessons as part of the Service Learning project for Week Without Walls. Increase your ability to communicate through 12 hours of English study and practice!! The lessons are free, and our students are excited to offer this service to the KIS community.

DATE: Monday, Tuesday, and Wednesday, **June 12 - 14**

TIME: 1:00 pm to 4:00 pm

WHERE: Kyiv International School Campus

So that we can prepare and individualize an English instruction for you, please send your current level of English and the days you plan to attend.

To schedule your free English lessons, email:

emily-jancosko@ukr.qsi.org



National Honor Society (NHS) Korner

United Kozak's Day:

A Note of Appreciation from the National Honor Society (NHS)

NHS and SecStuCo would like to thank the students, teachers, parents, and administration for their support and participation in the school-wide Spirit Day that took place on Friday, June 2nd. Our theme was "United Kozaks' Day" with a special emphasis on "Stopping Bullying". NHS / SecStuCo issued a dress-up challenge, and asked all students and staff to wear the school colors of red and black as an expression of school unity and support against bullying.

Here are the classes that best met the dress-up challenge:

Preschool: 5T (100% participation)

Elementary: 10B, 8N, 7P, 7V, (100% participation)

Middle School- Ms. Miller II y.o.

Secondary: Mme. Michael (Sec III), Mr. Berezny (Sec III)

Finally, elementary students from 4F, 7K, 8N, 8P, and 10P showed their spirited support by submitting the following photos.

Once again, huge shout-out of gratitude to all of you who participated in the first United Kozaks' Day!

Sincerely,

Anastasia Mozolevych
NHS President 2017-18



Summer School Application

Kyiv International School Summer School Application 2017

Kyiv International School's Summer Program is designed for those students who have not completed required units during the 2016-2017 school year. Participants will work with a qualified teacher to finish required assignments for unfinished units or will be expected to do all assigned work for a unit not yet begun. An end of the unit assessment is normally required to complete a unit and when a satisfactory grade is achieved it will be posted on the school data base. Any units that a student would like to attempt to finish during summer school must be preapproved by the current teacher and the Director of Instruction, Mr. S. Legan, or Mr. F. Galicia. Students who have completed less than 7 units in a subject are normally not allowed to attend summer school. Such courses are usually rescheduled in the next academic year. In extenuating circumstances, with the approval of a DI, a student may be allowed to attend SS with less than seven completed units. This decision will be made at the discretion of the individual DI's.

<u>Week 1</u> June 19 – June 23
<u>Week 2</u> June 26—June 30

The minimum registration fee is \$350 per week and students must prepay a \$60 non-refundable deposit along with this application. When work is satisfactorily completed and fees are paid grades will be posted on the school web site. **Summer school registration will close on Wednesday, June 14 th, 2017.**

When this application is received, summer school staff will begin collecting materials, books, teacher reports and unit information to optimize the summer school experience.

School rules are still in place during summer school and students found violating school rules will be removed from the program without refund.

Classes run from 9:00 am-3:00 pm each day and there will be no bus service. Students interested in lunch may order from the cafeteria, by 9:30 a.m. each day.

Name _____ Date _____ Grade level (2016-2017) _____

Birth date _____ Parent cell phone _____ Home phone _____

Summer School enrolment is being limited to 40 students per week to provide the optimum learning environment. Students will be accepted on a first come first served basis. The decision to limit enrolment is the responsibility of the Director of Instruction or the Summer School Administrator.

STUDENT AGREEMENT:

1. I will be on time to class.
2. I will do my best to learn, complete units and contribute to a positive classroom environment.
3. I understand that physical confrontation, harassment, defiance of authority or vandalism will be grounds for immediate dismissal from summer school.
4. I agree to respect the buildings and grounds and contribute to a trash-free environment.
5. Plagiarism or cheating may result in the removal of the offending student from Summer School without a refund.

Student Signature

PARENT AGREEMENT:

1. I will support my student in meeting the expectations for summer school.
2. I understand enrollment is based on teacher and space availability.
3. I understand and support the student behavior expectations.

Parent/Guardian Signature

Kyiv International School

Courses being offered for Summer Session June 2017

Week 1: June 19 to June 23, and Week 2: June 26 to June 30, 2016

Please check the appropriate boxes for the age level and the course/s you would like to take during Summer School.

ELEMENTARY

10 Year Old Program
Mathematics
Language Arts
Cultural Studies
Science

MIDDLE SCHOOL

11 Year Old Program
Mathematics Course 1
Language Arts
Cultural Studies
Science

12 Year Old Program
Mathematics Course 2
Language Arts
Reading
Cultural Studies
Science

13 Year Old Program
Mathematics Course 3
Language Arts
Reading
Cultural Studies
Science

SECONDARY PROGRAM

Secondary 1
Algebra
Geometry
Writing 1
Literature 1
World Geography
Physical Science

All lab work must be completed prior to summer school

Secondary 2
Adv. Math 1 /Algebra2
Writing 2
Literature 2
Modern World History
Biology

All lab work must be completed prior to summer school

Misc. Secondary courses
Health
US History

Name: _____

Date: _____

Summer Camp 2017

(4 Week Day Camp for 3—12 year olds)

The twentieth annual International Summer Camp in Kyiv for children ages 3-12 will be held at Kyiv International School (KIS), Svyatoshinskiy Proulok 3-A. The camp will begin June 19 and end July 14 and will run 8:30 a.m. – 3:00 p.m. Monday through Friday. We have lots of activities planned, so get ready for fun! Each day at camp will bring something new: Friday's shows, Mini-Olympics, food festivals, cooking classes, treasure hunts, trampoline, dancing, swimming, fun with English activities, sport and art/craft activities, self-defense classes, and guest performances. This year we are adding a Sport Group for children ages 7 and up for those who love sports and have a lot of energy. The Sport Group program will include swimming, Martial Arts, basketball, soccer, baseball, long jumping, racing, and fun sections. The cost will cover all activities plus two snacks, drinks, and a lunch.



Summer Camp 2017 Program

International Week	JUNE 19 Camp Palm Tree <i>Swimming</i> Designers' Club Science Club	JUNE 20 Mini-Olympics <i>Swimming</i> Cooking Club Self-defense Class	JUNE 21 Origami Club <i>Swimming</i> Dancing Food Festival	JUNE 22 Guest Performance <i>Swimming</i> Self-defense Class Art Club	JUNE 23 Talent Show <i>Swimming</i> Dancing Ice-cream Party
History Week	JUNE 26 Camp Great Wall <i>Swimming</i> Designers' Club Science Club	JUNE 27 Mini-Olympics <i>Swimming</i> Cooking Club Self-defense Class	JUNE 28 Invention Fair <i>Swimming</i> Dancing Food Festival	JUNE 29 Guest Performance <i>Swimming</i> Self-defense Class Art Club	JUNE 30 Camp Olympics <i>Swimming</i> Dancing Ice-cream Party
Nature Week	JULY 3 Scavenge Hunt <i>Swimming</i> Designers' Club Science Club	JULY 4 Mini-Olympics <i>Swimming</i> Cooking Club Self-defense Class	JULY 5 Pet Rocks <i>Swimming</i> Dancing Food Festival	JULY 6 Guest Performance <i>Swimming</i> Self-defense Class Art Club	JULY 7 Camp Fashion Show <i>Swimming</i> Dancing Ice-cream Party
Mystery Week	JULY 10 Footprint Trail <i>Swimming</i> Designers' Club Science Club	JULY 11 Mini-Olympics <i>Swimming</i> Cooking Club Self-defense Class	JULY 12 Twin Day <i>Swimming</i> Dancing Food Festival	JULY 13 Guest Performance <i>Swimming</i> Self-defense Class Art Club	JULY 14 Talent Show <i>Swimming</i> Dancing Ice-cream Party

For more information, please contact Olena Petrenko by e-mail:
olenapetrenko@ukr.qsi.org or phone: 050-550-2636

Classifieds

Classified advertisements are provided as a service to the community. They are not vetted or directly produced by Kyiv International School, and KIS does not guarantee the quality of these products or services. In addition, KIS cannot be held liable for any damages encountered as a result of the products or services in these advertisements.

Taste of India at Hyatt Regency Kiev. From 8 till 17 of June Bar on 8 is organizing a Taste of India event, when guests will be offered a special Indian menu, carefully created by guest chef from Delhi Anil Khurana. In addition: 10th and 17th of June – Indian cooking master classes at Grill Asia. 950 UAH per person, hosted by Chef Anil Khurana and followed by lunch. For reservations or more information, please call [+38 044 581 1234](tel:+380445811234)

Experienced tutor for elementary and middle school students Available. Familiar with the QSI Curriculum. . Please call 063 563 8090.

Experienced Tutor for: Middle and High school Mathematics, Physics, and Chemistry. Also can help with English and Spanish. Familiar with the QSI Curriculum. Please call: 095-216-2874 (Mr. Ivan Salazar)

Music Lessons. Can provide acoustic, electric or base guitar lessons, drum lessons, piano lessons, solfeggio, theory of music and music literature lessons. Speaks fluently in Russian and English. Please call David at 093-299-0424

Piano Lessons - for children and adults. 30 year Experience from 5 year olds and older. Contact: [050 6145017](tel:0506145017), e-mail: vshtepa@online.ua

Piano Lessons for children & adults. For beginners & advanced. Classical Piano Education & also Making up, Improvising and Invent Music... Classical music, Popular songs, Rock & Jazz... Also Guitar lessons. Recording on computer. Roman 050 968 71 58

Super Guitar teacher: Due to our relocation, our guitar teacher has an opening for new students. Eugene is a very experienced musician who plays in a band and gives private lessons to both adults and kids. He speaks Russian and English. Please, contact Eugene on (093)4543099.

Female Taxi Driver. Fluent English. Nice, clean, smoke-free Hyundai car. Ride to Boryspil airport 375 UAH. Within Kyiv - regular low rates. Can make errands to the grocery and hardware stores, post office, vet clinic, beauty parlor, restaurant. Pick up children from school. Courier services. Can act as tourist guide. No extra charge for advance booking. Safe driving. Call Lada at [\(050\) 218-33-01](tel:0502183301). Skype code: ladatop077

Driver: I am looking for a job as a family driver. Age: 31 years old. Very responsible and always willing to help with errands, around the city. Accident-free driving, category B, business etiquette, mobility. Ukrainian and Russian speaker. Please, contact Ruslan on [+38 \(063\) 963-70-41](tel:+380639637041).

Driver Available with his own car (Volvo XC 70). Please call Daniel 063 766 9666.

A housekeeper is seeking for a job! Hello! My name is Tatyana. I offer: - perfect cooking skills: international cuisine, delicate baking. - cleaning a house. About me: age 55, sociable, active. I have a work experience for international families, organizing dinners for various occasions and kids' B-day parties. I can read in English with vocabulary. Contacts: 066-324-10-31

Nanny, cleaning lady, housekeeper/cook is looking for a full/part time job. My name is Olga and I am a hardworking, trustworthy, good-natured and very friendly person. I am 53 years old and I've got 5 years of experiences working with children (in the kindergarten and babysitting) and brought up two wonderful children of my own, who I am so proud of now! Speak basic English, Russian, Ukrainian. References upon request. For more info in English please contact Yulia 0689346455

Nanny Available. 38 years old. Fluent in Russian and Ukrainian. Basic English. Loves children very much. Please call 097-308-6967

Nanny/Babysitter/Substitute Nanny, Tutor. Cook/Housekeeper/Cleaning lady/Substitute if needed. I have almost 10 years of experience working for expat's families. I am a responsible, reliable, kind and positive person. Can also take care of your pets and plants. I speak Ukrainian, Russian and fluent English. University degree. Full or part time job is considered. References upon request. Please contact me by e-mail: ovi55@ukr.net or phone : 093 862 66 32. Olga

Nanny, Housekeeper, Cook Available in July. Do you want a nanny, cook, housekeeper, and dogsitter - all in one wonderful woman? Look no further than Tanya Litvinenko. She has taken great care of our family of four + dog for the past three years in Ukraine. I could not recommend her more highly. She helps the kids with homework, cooks a healthy meal every week night, cleans up our home, runs errands, pays bills, and goes shopping for us as needed. She has had a background check by the US Embassy. She speaks Russian and Ukrainian, and knows some basic English (providing the added benefit of our kids learning to speak another language). She is incredibly dependable, flexible, trustworthy, and affordable. Contact her. You will not be disappointed. She is available full-time starting in mid-July and is open to part-time work. Tanya's mobile: [+380-96-502-4710](tel:+380965024710). My email if you have any questions: beverlyhoover427@yahoo.com.

Housekeeper. Oksana. Tel. 0992229753

Apartment for rent: Peremogy 125, 5 minutes drive to school. Full furniture. 4 bedrooms. New building. Price 800\$. Call Natalia to have a look 0978211725. Fluent English and Russian.

Houses for rent in Pechersk area - Yagotyns'ka str, 220 sq.m., 4 bedrooms, not furnished, 3200\$ // **Verhnegors'ka str,** 560 sq.m., 4-5 bedrooms, swimming pool, terrace, 4500\$ // **Mendeleeva str,** 250 sq.m., 4-5 bedrooms, partially furnished, 3500\$ // **Raevskogo str,** 180 sq.m., 3 bedrooms, 2 bathrooms, terrace, 1500\$ // **Ol'shans'ka str,** 360 sq.m., 3-4 bedrooms, partially furnished, 1600\$. Please contact Olga 067 7716191 for viewings.

Apartments for rent: 13 Staronavodnitskaya street, 242 m2, furnished apartment, 4 bedrooms 2,600\$ // **Kruglouniversitetskaya 3-5,** 7th floor, S - 192 кв.м. 4 bedrooms, 2 bathrooms. 3,000\$. // **Gonchara str and Yaroslaviv Val (Golden Gates)** 3-4 bedrooms, 3,000\$. // **Circus area - Pavlovskaya and Turhenivska str,** 200 sq.m., 3-4 bedrooms, 2200\$. Please contact Olga 067 7716191 for viewings.

Houses for RENT, No commission from Tenant! Petropavlivs'ka Borschagivka, 15 min driving to KIS, 360 sq.m., 4 bedrooms, 4 bathrooms, furnished and fully equipped, wardrobes, 2500 usd + monthly charges. // Petropavlivs'ka Borschagivka, 10 min driving to KIS, 480 sq.m., 3 bedrooms, study, big play area, furnished and fully equipped, wardrobes, near lake. 2900 usd // House in quiet neighbourhood, near forest, 450 sq.m., land 1300 sq.m., 5 bedrooms, partially furnished, 1500 usd per month. // Petropavlivs'ka Borschagivka, 15 min driving to KIS, 450 sq.m., 5 bedrooms, big play area, not furnished and fully equipped, wardrobes. 2800 usd No commission from Tenant. Please call 050 4469357 for viewings.

Four bedroom apartment on 4 Ivana Franka. English architect designed 230 m2 modern unfurnished apartment located in the very core of the city. The property comprises four bedrooms, large reception/dining, two balconies and terrace. Three bathrooms (master bedroom en-suite). Fully equipped kitchen. Extensive storage space. Clean secure entrance. The building has fenced-in front and rear yards. Tenants (employees of Embassies and multinationals) enjoy shared use of a back garden with outdoor swimming pool. Please email: ladah@joneseast8.com.ua <applewebdata://519DE508-8656-4242-912A-AA5AF6B5E209/ladah@joneseast8.com.ua> <mailto:ladah@joneseast8.com.ua>, [+38 050 441 91 80](tel:+380504419180) for pictures: http://fn.ua/view.php?ad_id=9755767

All Apartments for Rent Near Golden Gate Area. 2 room - Strelets'kaya, 13 - 87 sq.m- near Norway Embassy. price - 1000 USD. http://fn.ua/user/newedit.php?ad_id=3435398 // 5 room - Jaroslavov Val, 15 - 185 sq.m, 2 wc. (from July) // 7 room - Reitarskay str. 17 - 210 sq.m - 2 floors, 2 WC, Living room 60 sq.m, 40 cabinet, residence Price discuss // 2 room - Strelets'kaya, 13 - 87 sq.m- near Norway Embassy. price - 1000 USD. http://fn.ua/user/newedit.php?ad_id=3435398 // 2 room - Strelets'kaya, 13 - 78 sq.m, jaccussi - Price 1300 USD. http://fn.ua/user/newedit.php?ad_id=10515015 // House - Petropavlovskay Borshagovka, Mira Str., 350 sq.m - price 2300 USD http://fn.ua/user/newedit.php?ad_id=10064290. Contact: Victoria Shtepa [+ 380 50 6145017](tel:+380506145017), or [+ 380 951941040](tel:+380951941040), e-mail: vshtepa@online.ua

If you are part of the KIS community and would like to contribute a short article (**60 words or less**) **without pictures (in English ONLY)** to upcoming newsletters, please contact Katie Sobko at: newsletter@ukr.qsi.org. Or call the school office at 452-27-92/3. Please make sure that your ad is sent **no later than Tuesday 12:00 pm**. Anything later than that will be included in Next week's newsletter. **All ads need to be in English!!! (Times New Roman, size 9)**. If you wish for your ad to be repeated, please send me an e-mail with the full ad every time/week. Thank you for understanding.





Dear parents! As the school year is nearing its end we would like to ask you to pay all your invoices and debts for your children's meal programs. You can make the payment any time from 8.00 am till 4.00 pm Monday through Friday. Be bright, eat right.

Breakfast 7:45 to 10:00	1'st Snack (first break)							2'd Snack (second break)	PRESCHOOL		
		MENU 1	MENU 2	DIET	FISH & VEGETARIAN MENU	SALAD BAR MENU	Set Menu		Breakfast 9:00	LUNCH 12:00 to 12:40	2'd Snack 14:30
3d School Week of the Month											
MONDAY											
								1222kcal			
Muesli & Yoqurt	Mozzarella	Chicken with Terivaki Sauce	Beef Stroganoff	Steam Cutlet (veal)	Fish with Special Sauce	Tomatoes Cucumbers	Steam Cutlet (veal) (80gr)	Muesli Bar	Yoqurt Fantasy	Steam Cutlet (veal)	Swiss Cookies
Ham & Cheese Bread & Buns & Pancakes	Baquette Tomatoes	Fried rice Bulgarian Sopsky Salad	Farfalle Pickled Cabbage Salad	Barley Porridge Steamed Vegetables	Omelet with Vegetables Grilled Vegetables	Assortment of Green Salads Eggs	Rice Cucumbers + Egg	Cheese Paprika	Apple Carrots	Farfalle Paprika	Juice
Omelet & Eggs	Lettuce	President Soup	President Soup	President Soup	President Soup	Onion Rings	Fruit	Cucumbers		President Soup	
Fruits	Grapes	White Bread Green tea with Lemon	Wholemeal bread with seeds Juice	Wholemeal bread with seeds Compote	White Bread Compote	Celery Beet Sticks	White Bread Water			White Bread Compote	
Vegetables	Water							Plums			
Juices & Tea		Swiss Cookies	Yoghurt	Fruit	Swiss Cookies	Corn		Juice 0,2			
								243kcal	646kcal	333kcal	
TUESDAY											
								1439kcal			
Muesli & Yoqurt	Fresh Cheese	Gordon Blue(Chicken)	Pasta Carbonara	Boiled Chicken Fillet	Fish with Mushrooms	Tomatoes Cucumbers	Boiled Chicken Fillet (80gr)	Cracker	Cheese	Gordon Blue(Chicken)	Marble pie
Ham & Cheese Bread & Buns & Pancakes	Crouton	Fori	Spaghetti	Wheat Porridge "Artek"	Zaziki	Assortment of Green Salads Scrambled Eggs Croutons	Spaghetti	Nut	Crecker	Fori	Cranberry Tea
Omelet & Eggs	Paprika	Pasta Salad	Carrots With Raisins	Steamed Vegetables	Grilled Vegetables	Black Olives	Tomatoes	Kiwi	Fruits/Grapes	Cucumbers+ Egg	
Fruits	Berries	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread			Compote Wholemeal bread with seeds	
Vegetables	Bonaqua 0,5	Cranberry Tea	Juice	Compote	Compote	Carrots	Water	Cheese			
Juices & Tea		Marble pie	Yoghurt	Fruit	Marble pie	Corn		Yoghurt Activia			
								344kcal	755kcal	340kcal	
WEDNESDAY											
								1456kcal			
Muesli & Yoqurt	Cheese Babybel	Rice "Kazimir"	Burekas	Steamed Chicken Cutlet	Fish with Tomato Basil Sauce	Tomatoes Cucumbers	Burekas 1p	Pancakes with Jam	Yoqurt Dino	Stewed Veal	Pundyk
Ham & Cheese Bread & Buns & Pancakes	Muesli Bar	Rice	Salad Stolichniv	Wheat Porridge Steamed Vegetables	Vegetarian Burekas Grilled Vegetables	Assortment of Green Salads Cheese Croutons	Season Salad 1/2portion of	Apple Yoqurt Actimel	Apple Carrots	Buckwheat Steamed Broccoli+ Corn	Fruit Tea
Omelet & Eggs	Celery	Clear Chicken Soup	Clear Chicken Soup	Clear Chicken Soup	Rossolnik Soup	Sweet Pepper	Clear Chicken Soup	Blueberries		Rossolnik Soup	
Fruits	Carrots	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	Fruit			White Bread	
Vegetables	Juice 0,2	Sea Buckthorn Tea	Juice	Compote	Fruit Tea	Broccoli	Water	Paprika		Compote	
Juices & Tea		Pundyk	Fruit, Yoghurt	Fruit	Pundyk	Corn		Bonaqua 0,5			
								398kcal	688kcal	370kcal	
THURSDAY											
								1244kcal			
Muesli & Yoqurt	Sausage Bun	Home Style Chicken	Steak Beef	Baked Cutlet (veal)	Fish & Chips	Tomatoes Cucumbers	Grilled Chicken 80gr	Cheesecake	Toast with Cheese	Home Style Chicken	Praline
Ham & Cheese Bread & Buns & Pancakes	Green Salad Leaves	Grilled Vegetables	Rice	Buckwheat Steamed Vegetables	Vegetable Casserole Steamed Vegetables	Assortment of Green Salads Eggs Croutons	Rice Korean carrots	Cucumbers	Apple	Rice	Tea with Lemon
Omelet & Eggs	Cherry Tomatoes	Mixed Salad	Korean carrots	Dumpling Soup	Pumpkin cream Soup	Red Beans	Fruit	Paprika	Carrots	Paprika + Egg Pumpkin cream Soup	
Fruits	Bonaqua 0,5	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery Green Peas Cabbage Carrots	White Bread	an Apple	Paprika	White Bread	
Vegetables		Lemonad	Lemonade	Compote	Tea with Lemon	Corn	Water	Bonaqua 0,5		Compote	
Juices & Tea		Praline	Fruit, Yoghurt	Fruit	Praline						
								245kcal	784kcal	215kcal	
HAPPY FRIDAY											
								1281kcal			
Muesli & Yoqurt	Toast with Cheese	Chicken Kiev	Faitas	Stewed Veal	Fish with Vegetable	Tomatoes Cucumbers	Home Style Chicken (80gr)	Marble Cake	Yoqurt Actimel	Chicken Kiev	Pancakes
Ham & Cheese Bread & Buns & Pancakes	Cherry Tomatoes	Mashed Potatoes	Salad Starokievskiv	Artek	Fajitas with Cheese	Assortment of Green Salads	Mashed Potatoes	Actimel	Apple	Mashed Potatoes	Fruit Tea
Omelet & Eggs	Cucumbers	Green Salad with Pomegranate	Borsch	Steamed Vegetables	Grilled Vegetables	Eggs Croutons	Beets	Grapes	Carrots/Eggs	Cucumbers+ Carrots + Salad	
Fruits	Carrots	White Bread	Wholemeal bread with seeds	Vegetable Soup	Borsch	Onion	Fruit	Dried apricots	Pear	Borsch	
Vegetables	Grapes	Fruits Tea	Lemonade	Compote	White Bread	Celery	White Bread			White Bread	
Juices & Tea	Bonaqua 0,5	Pancakes	Fruit, Yoghurt	Fruit	Pancakes	Red Cabbage Beet Sticks	Water	Carrots		Lemonade	
								191kcal	810kcal	280kcal	