THE KOZAK'S KORNER



SPRING BREAK

We hope that you have an enjoyable Spring Break from April 17th to April 21st.

Friday, April 14th will be a full school day.

After break, school will resume on Monday, April 24th.

Office Working Hours During Break

KIS office hours during Spring Break are from 9:00 am to 4:00 pm.

The office will be **CLOSED** on **Monday, April 17th.**All other days (April 18- April 21st) it will be open.

SCHOLARSHIPS

Our scholarship application window is open from April 1st to the 15th. If you would like to apply for a scholarship for the next 2017-2018 school year, please go to our school website (https://www.qsi.org/ukraine/ukr/) and fill out the scholarship application form located under the "Admissions" tab (https://kis.net.ua/site2/?page_id=5815).



Calendar of Events

April

1-15 — Scholarship Application Window

8 — ACT

8 — PTO Gala Dinner @ 7:00pm

10-12 — KIS Book Fair 8:30 am—4:30pm

12 — Secondary School Science Fair from 5:30-7:00pm

13 — Night of a 1000 Chances (Sec. StuCo Event) from 6:00—9:30pm

17-21 — Spring Break—No School

23 — Coffee Morning w/Elementary DI, Ms. Lois Bridenback 8:30am in the Cafeteria

25 — 4th Quintile Ends. Narratives & Status Reports Issued

25 — Earth Day Trash Fashion Show @ 1:15pm

26 — PTO General Meeting

27 — French DELF Exam: All 3 Levels Pt 2

27-30 — MS Knowledge Bowl CEESA— Kyiv, Ukraine

28 — All Middle School Field Trip to Pirogovo Museum

May

- 1 Labor Day—No School
- 2 Beginning of 2017 Exam Session
- 5 Drama 13 Class Play
- 6 SAT
- 8 Parent/Teacher Conferences from 8:00 am 5:00 pm
- 9 Victory Day—No School

Guest Speaker - Jordan Hatter @ KIS

Jordan Hattar visited KIS on Wednesay and spoke to lots of students about his fundraising and awareness raising campaign (Help4Refugees) to help victims of the Syrian civil war. By all accounts, his powerful message both landed and resonated. In the pictures below, Middle School students are listening to Mr. Hatter's presentation.





Mrs. Sheridan's 13 year old writing classes and Mrs. Demchenko's 12 year old IE students shared their impressions of Jordan Hatter's Presentation:

TYP VANS

"His presentation helped me realize that the difference you make, no matter how small will have an impact on someone's life." - Ivan

"I think that the presentation was both inspirational and educational, and it taught me that we should always stand up for something we believe in and help other people. I especially liked that he repeated the phrases and statements that he was passionate about and wanted to emphasize." - Anja

"It struck me in a way that opened my eyes up. Not only did I get introduced to the ocean, but it gave me hope that any small drop could make a difference." - Jenny

"I really like Jordan's presentation, it really opened my eyes on how lucky I am to

be in my current position. I also understood that now people don't seem to care as much about bombings and attacks as they used to before because it became something regular." - Noelle

"I really liked the presentation, it was very powerful and moving. My favorite parts was when he was talking about the people that he met and how their lives and his life has changed. I liked that he was so confident and passionate in what he was talking about that he really intrigued

confident and passionate in what he was talking about that he really intrigued the audience, the videos were an extra feature but it really opened everyone's eyes on what is truly happening and the reality of this world." - Eva

"From Jordan's presentation, I have learned that anyone could've been in that people's shoes, that we should all somehow help them." - Fector

"The presentation was so touching that I was blown away by the insane amount of emotion behind it. He showed exactly how much he cared, and took me through the journey of a Syrian refugee who was struck by the hardship of war. It was a one-of-a-kind experience that carried along a message that is impossible to forget." - Alex G.

"Even though the presentation was a lot to take in all at once (especially for a thirteen year old girl), it was important for us students to be aware of the injustice, war, and disasters happening in our world." - Liza T.



"I find it important, and inspiring, that he could come in, grab everyone's attention, and then teach them about the situation that is happening right now. We as the next generation need to learn, and then respond, to people's suffering. It is up to us to help the world and he reminded everyone of that." - Sarah

"This presentation was by far one of the most touching and memorable experiences. Not only did it help me reflect on what is going on in the world around us, but as well as the people in it." - Eva V.



- Jordan really showed that he cares about people. The presentation prompted me think. (Sasha K.)
- For me, it is very sad that people are dying, and they have no place to go to. (Jakub H.)
- Jordan was very serious when he was talking about his job.And he said one very smart thing,'' It is not skills that is so important; it's a heart that matters. You are given a chance.'' (Sofia Y.)
- Some people told him that it (the amount of his help) was just like a drop of water in an ocean, and he thinks they are right, but it's making difference. (Ahmet E.)
- It is so impressive! Just a couple days before, we finished reading the book "A Long Walk to Water" about Salva, a 12 year-old boy from Southern Sudan who witnessed the war and became a refugee himself. Moreover, it is based on real events. Jordan reminded me one of the characters, Michael, who helped Salva in the refugee camp. I realized that everyone may help, like Jordan. We need to help. (Maks T.)
- Jordan cares about people, sacrificing his time, his life. There are many good people in the world; all that is needed $\,$ is to do one step. You can be better. (Vagif G.)

Several secondary students enjoyed the opportunity to chat with young humanitarian Jordan Hattar, founder of help4refugees.org, a website designed to help Syrian civilians suffering in the crisis in that country.

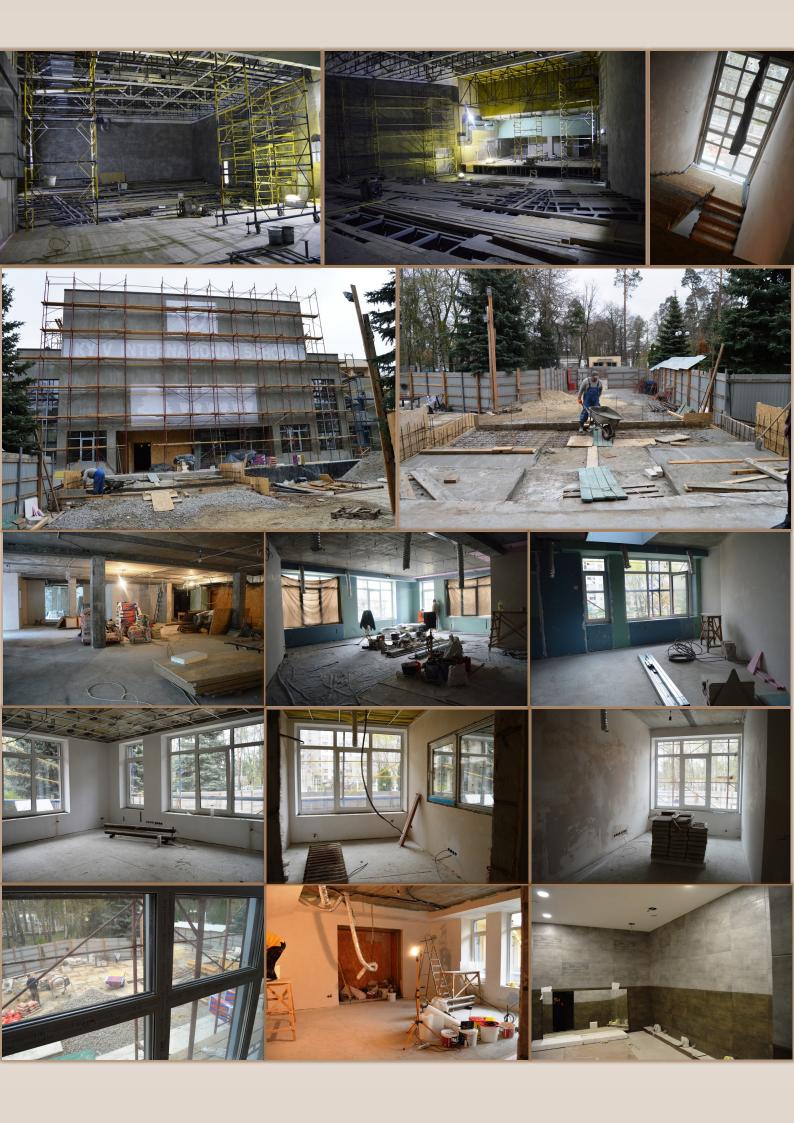
This chance to meet informally followed Hattar's presentation to around 50 secondary students on Wednesday at school.



KIS Renovation Update

If you have been wondering what has been going on behind the walls of the construction site, here is your chance to have a peek into the current process. Below is a picture of one of our new completed additions, which was already used for the ArtFest today. The next page shows our future dramatorium, lobby, classrooms and offices, which will be ready to use in the upcoming school year. It is exciting to see the progress that has already been made.





Pre-School/Elementary Korner

5P Theatrical Performance



On Thursday, April 6,
Mr. Paugh's 5 Year Old class
presented an original fairy tale
performance entitled,
"Once Upon a Time...a tale of
3 Billy Goat Toughie's
Who Climbed a Giant Flower."
We took two well-known fairy tales,
combined the stories, and then re-wrote
the tales into our own fairy tale!









Middle School Korner MS Game & Movie Night

Last Friday, March 31st, 46 Middle Schoolers came out to enjoy Game & Movie Night, organized by Middle School StuCo. Thank you to Ms. Caires and Ms. Spellman, the MS StuCo leaders, and to all the chaperons who came and helped out with this fun event.





Secondary School Korner Drama II Class

Drama II's have been studying Shakespeare. Well...not just studying, experiencing, enjoying and KILLING IT!! Last week they tread the boards beautifully in the second annual Shakespeare competition. Stunning stand out interpretations of As You Like it, Twelfth Night, Romeo and Juliet and Tutus Andronicus were enjoyed by all present. This week they attended Romeo and Juliet at Lesi Ukrainsky Theatre. Next week they will venture further down the production aspect of the dramatic arts and explore the backstage rehearsal rooms and production facility of the National Opera House. Bravo to all involved!











KIS SCIENCE FAIR 2017

You are Invited!



Come and celebrate the accomplishments of our high school scientist.

Wednesday, April, 12th from 8:30 – 3:00 pm



Projects will be showcased in the **Music Room** (old MPR).

When young people are excited about science, engineering, technology and math, that's not just good for them. That's good for society.

- President Barack Obama

National Honor Society (NHS) Korner NHS Lend as Helping Hand

Communication Committee photos: Sophia Chapin

Shyness quickly gave way to smiles and laughter during two hours of fun and games led by the National Honor Society (NHS) members on April 01 at the Donbas Refugee Center. NHS members presented donations of washing materials, fruit, coloring books, and games.

Although the children were initially timid and reluctant, NHS members quickly drew them into a circle of involvement and friendship through small-group games such as tic-tac-toe, animal charades, and hangman.





These warm-up activities led naturally to the feelings of safety and confidence needed for involvement in the more demanding and energetic full-group games that came later. These included enthusiastic games of musical chairs and red light-green light.

The children and NHS members greatly enjoyed their time together, as mutual laughter and small talk about the children's lives and interests provided a constant backdrop.

The bond established during the two-hour visit brought smiles to the children's faces. Many tight hugs and expressions of thanks were shared as NHS members left the center.





Library Korner

Book Fair Coming Up—April 10-12

Dear teachers, students and parents,

With Easter just around the corner, Dinternal Books is pleased to let you know about our longstanding tradition of holding Easter book fairs at International schools in Kiev.



We will have a huge range of books on offer. New encyclopedia editions, the latest best sellers for teenagers, chapter books and board books for younger readers will all be available to buy. We're also bringing a wide range of crime fiction novels and the newest film tie-ins for teachers and parents.

The titles we are bringing include the series of the Wimpy Kid books, the 'Miss Peregrine's Home for Peculiar Children' series and last but not least, the exciting new Harry Potter book, 'Harry Potter and the Cursed Child'.

We would like to let you know that we are unable to put any books aside for later purchase due to the limited number of copies available, so please bring your purse with you on the day. Also the purchased books can not be returned.

The book fair will be held on 10th 11th and 12th April from 8-30 to 16-30

Our team can't wait to see you all. Don't forget to visit us and grab your very special book!

Best regards,

Your Pearson Dinternal Team

Earth Day

Trash Fashion Show—April 25th

All creative and enthusiastic students (and parents!!!) are invited to take part in the first ever held Trashion show at KIS Kiev.















Ms. Isabelle Tausch, a fashion artist offered her expertise in helping to create costumes and running the fashion show. To see some previous work of Isabella review the following: https://www.youtube.com/watch?v=Q4 K64bEN80 https://www.youtube.com/watch?v=heQXExfkWs0&feature=youtu.be

All you have to do is create fashion from recycling materials. Everyone is invited to be creative and make their own unique piece of fashion (dresses, hats, jewellery). Students will walk the catwalk in celebration of Earth Day. On Tuesday April 25th. The whole school will be gathering in the gym and watch the show.

We invite parents to support their children to collect waste materials and designing the children's costumes. Ms. Tausch will be available as well to support. The Trashion Show aims in raising awareness of the amount of trash we daily create and the value it has, as shown in the pictures from Ms. Isabella's amazing fashion.

For more information please contact:

High school: Mr. Peter Kampen Middle school: Ms. Kari Spellman Elementary: Ms. Louise Kampen

Environmental Committee: Mr. Geoff Cooper



Yearbook Korner

ATTENTION ALL KIS PARENTS, STUDENTS and STAFF!!! YEARBOOKS ARE ON SALE NOW AT RECEPTION!!

Do not delay

pre-order your yearbook today!!

Supply is limited.

Please note if you buy BEFORE April 14th

you get \$5 off.

After Spring break the price goes up to

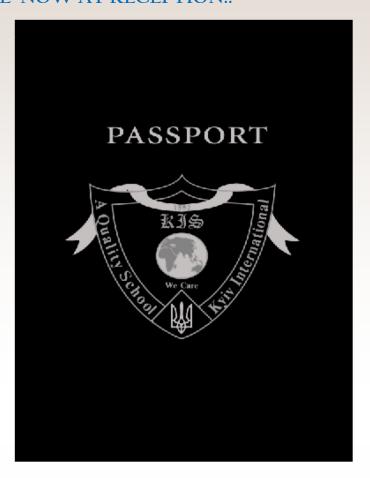
\$75 a book.

RUN don't walk...

this year's book is a

beautiful passport

to priceless memories



Sports Korner

Summer Sports Camp 2017 (5 Days)

<u>Summer Soccer/Basketball/Swimming/ Skating and Bowling Sports Camp</u> is a high quality camp for boys and girls from ages 7-11. Through camp activities, children will improve their skills, build confidence, and make new friends. This is the best place to become a better player.

Camp Director:

KIS- P.E teacher/coach Anatoly Prima



050-966-20-63 or 050-781-21-41

<u>Dates:</u> June 19-23 (5 Days only) <u>Location</u>: Kyiv International School

Cost: \$250 one week session and includes water, snacks, lunches, certificate, medals, field trips with activities, a camp T-shirt and Pizza Party or (\$50) per day with lunch.

Daily schedule:

8:30-8:50 Drop off

9:00-9:10 Morning Instructions &

Stretching

9:10-10:00 Soccer teaching and skill development stations 10:00-10:15 Snack

10:15-10:35 Skills contests with prizes

10:35-11:45 Scrimmages/league play

11:45-12:45 Lunch + mini activities: chess, checkers, pingpong etc.

12:45-13:45 Basketball drills & skills development stations

13:45-14:45 Team basketball games or swimming (optional)

14:45- Second snack

15:00- Pick up

Bowling on Tuesday and Thursday after lunch
Aqua park on Wednesday
Ice-Skating on Friday

Summer Camp 2017

(4 Week Day Camp for 3—12 year olds)

The twentieth annual International Summer Camp in Kyiv for children ages 3-12 will be held at Kyiv International School (KIS), Svyatoshinskiy Proulok 3-A. The camp will begin June 19 and end July 14 and will run 8:30 a.m. – 3:00 p.m. Monday through Friday. We have lots of activities planned, so get ready for fun! Each day at camp will bring something new: Friday's shows, Mini-Olympics, food festivals, cooking classes, treasure hunts, trampoline, dancing, swimming, fun with English activities, sport and art/craft activities, self-defense classes, and guest performances. Starting the second week (June26-July14), we are adding Sport Group for



children ages 7 and up for those who love sports and have a lot of energy. The Sport Group program will include swimming, Martial Arts, basketball, soccer, baseball, long jumping, racing, and fun sections. The cost will cover all activities plus two snacks, drinks, and a lunch.

Summer Camp 2017 Program

International Week	JUNE 19 Camp Palm Tree Swimming Designers' Club Science Club	JUNE 20 Mini-Olympics Swimming Cooking Club Self-defense Class	JUNE 21 Origami Club Swimming Dancing Food Festival	JUNE 22 Guest Performance Swimming Self-defense Class Art Club	JUNE 23 Talent Show Swimming Dancing Ice-cream Party
History Week	JUNE 26 Camp Great Wall Swimming Designers' Club Science Club	JUNE 27 Mini-Olympics Swimming Cooking Club Self-defense Class	JUNE 28 Invention Fair Swimming Dancing Food Festival	JUNE 29 Guest Performance Swimming Self-defense Class Art Club	JUNE 30 Camp Olympics Swimming Dancing Ice-cream Party
Nature Week	JULY 3 Scavenge Hunt Swimming Designers' Club Science Club	JULY 4 Mini-Olympics Swimming Cooking Club Self-defense Class	JULY 5 Pet Rocks Swimming Dancing Food Festival	JULY 6 Guest Performance Swimming Self-defense Class Art Club	JULY 7 Camp Fashion Show Swimming Dancing Ice-cream Party
Mystery Week	JULY 10 Footprint Trail Swimming Designers' Club Science Club	JULY 11 Mini-Olympics Swimming Cooking Club Self-defense Class	JULY 12 Twin Day Swimming Dancing Food Festival	JULY 13 Guest Performance Swimming Self-defense Class Art Club	JULY 14 Talent Show Swimming Dancing Ice-cream Party

For more information, please contact Olena Petrenko by e-mail: olenapetrenko@ukr.qsi.org or phone: 050-550-2636

Classifieds

Classified advertisements are provided as a service to the community. They are not vetted or directly produced by Kyiv International School, and KIS does not guarantee the quality of these products or services. In addition, KIS cannot be held liable for any damages encountered as a result of the products or services in these advertisements.

SALE up to 40% off Caramel London - British brand of children's clothing is finally in Kyiv! Passage 15 // Mon-Sat 11AM-9PM // Sun 11AM-8PM +38 (096) 959 48 50, +38 (044) 364 73 20

Boys' Choir. Revutskyi Municipal Men's Chorus, winner of number of international competitions, is in search of singing or willing to sing boys, from ages 6 and up. The auditions are on Wednesdays, Thursdays, Fridays from 16:30 through 19:00; Saturdays, Sundays from 12:00 till 13:00, at ½ Basseyna str.(2nd floor), Bessarabska Square. For more information call Elena at 093-155-4445/099-153-85-03.

BE LIKE A LOCAL! Study Russian or Ukrainian as a foreign language in Kyiv (near metro Nyvki). Kyiv's school Slavic Educaton Center offers private and group lessons of Russian and Ukrainian language. Our tutors can provide lessons at your place or at our school which is located near metro Nyvki 45a, Scherbakova, Str. We provide an individual program based on your language learning goals. We will find you a convenient training schedule as well as a group that corresponds to your language level. For more information please check our website - http://slavic-edu.com/en/ or contact us ±38 (066) 765-22-67

Experienced tutor for elementary and middle school students Available. Familiar with the QSI Curriculum. Please call 063 563 8090.

Experienced Tutor for: Middle and High school Mathematics, Physics, and Chemistry. Also can help with English and Spanish. Familiar with the QSI Curriculum. Please call: 095-216-2874 (Mr. Ivan Salazar)

Piano Lessons - for children and adults. 30 year Experience from 5 year olds and older. Contact: <u>050 6145017</u>, e-mail:vshtepa@online.ua

Piano Lessons for children & adults. For beginners & advanced. Classical Piano Education & also Making up, Improvising and Invent Music... Classical music, Popular songs, Rock & Jazz... Also Guitar lessons. Recording on computer. Roman 050 968 71 58

Super Guitar teacher: Due to our relocation, our guitar teacher has an opening for new students. Eugene is a very experienced musician who plays in a band and gives private lessons to both adults and kids. He speaks Russian and English. Please, contact Eugene on (093)4543099.

Driver: I am looking for a job as a family driver. Age: 31 years old. Very responsible and always willing to help with errands, around the city. Accident-free driving, category B, business etiquette, mobility. Ukrainian and Russian speaker. Please, contact Ruslan on +38 (063) 963-70-41.

Car & Driver: Due to relocation, we recommend our super driver, Gennadiy, who has been working for us for the last 5 years. Gennadiy owns a Toyota Highlander, is very trustful and always willing to help with errands, around the city. Russian speaking. Please, contact Gennadiy on (067) 4436561.

I am looking for a job as a family driver. Age: 27 years. Experience 5 years. Accident-free driving, category B, business etiquette, mobility. Ukrainian, Russian, English with a dictionary. Private car: Toyota Corolla. Experience with KIS family. Daniel. <u>+380935594667</u>, sola sistim@ukr.net

Nanny, cleaning lady, housekeeper/cook is looking for a full/part time job. My name is Olga and I am a hardworking, trustworthy, good-natured and very friendly person. I am 53 years old and I've got 5 years of experiences working with children (in the kindergarten and babysitting) and brought up two wonderful children of my own, who I am so proud of now! Speak basic English, Russian, Ukrainian. References upon request. For more info in English please contact Yulia 0689346455

Excellent Nanny: Due to relocation, we recommend our super nanny, Ivanka, who has been working for us for the last 2 years. She is a very polite and calm person who loves kids, punctual and trustful, plus always willing to help with small tasks around the house. She speaks Russian / Ukrainian / English (fluent). For more info, please, contact Ivanka on (099)0524307.

Nanny Available. 38 years old. Fluent in Russian and Ukrainian. Basic English. Loves children very much. Please call 097-308-6967

Nanny/ Larissa Zaleska looking for a babysitting job. Over 18 years experience with American families, and worked in a German family. Worked with newborn children and children of preschool age. Larissa is honest, enthusiastic and reliable. She speaks some English and fluent in Russian and Ukrainian. Larissa is looking for fulltime work, or part time work. Cell 067 4657081

Nanny/Babysitter/Substitute Nanny, Tutor. Cook/Housekeeper/Cleaning lady/Substitute if needed. I have almost 10 years of experience working for expat's families. I am a responsible, reliable, kind and positive person. Can also take care of your pets and plants. I speak Ukrainian, Russian and fluent English. University degree. Full or part time job is considered. References upon request. Please contact me by e-mail: ovi55@ukr.net or phone: 093 862 66 32. Olga

Housekeeper Available. Reliable, trustworthy, hardworking. Will help with anything that needs to be done. Fluent in English, Russian and Ukrainian. Has experience working with KIS Families. Please contact Natasha directly: 096-960-1797 or 066-133-6473.

Nanny/ Housekeeper. 0993142882 Kristina.

Houses for rent in Pechersk area - Yagotyns'ka str, 220 sq.m., 4 bedrooms, not furnished, 3200\$ // Verhnegors'ka str, 560 sq.m., 4-5 bedrooms, swimming pool, terrace, 4500\$ // Mendeleeva str, 250 sq.m., 4-5 bedrooms, partially furnished, 3500\$ // Raevskogo str, 180 sq.m., 3 bedrooms, 2 bathrooms, terrace,1500\$ // Ol'shans'ka str, 360 sq.m., 3-4 bedrooms, partially furnished, 1600\$. Please contact Olga 067 7716191 for viewings.

Apartments for rent:Kruglouniversitetskaya 3-5, S - 192 кв.м. 4 bedrooms, 2 bathrooms. 3,000\$. // Golden Gate - 26 Honchara street, 180 m2, partially furnished, 3 bedrooms 3,000\$ // Yaroslaviv Val, 180 sq.m. 2 levels, 4 bedrooms, 3,000\$. // Circus area - Pavlovska and Turhenivska str, 200 sq.m., 3-4 bedrooms, 2200\$. Please contact Olga 067 7716191 for viewings.

Apartments for rent: 13 Staronavodnitskaya street, 242 m2, furnished apartment, 4 bedrooms 2,600\$ // Kruglouniversitetskaya 3-5, 7th floor, S - 192 kb.m. 4 bedrooms, 2 bathrooms. 3,000\$. // Gonchara str and Yaroslaviv Val (Golden Gates) 3-4 bedrooms, 3,000\$. // Circus area - Pavlovska and Turhenivska str, 200 sq.m., 3-4 bedrooms, 2200\$. Please contact Olga 067 7716191 for viewings.

Houses for RENT, No commission from Tenant! Petropavlivs'ka Borschagivka, 15 min driving to KIS, 360 sq.m., 4 bedrooms, 4 bathrooms, furnished and fully equipped, wardrobes, 2500 usd + monthly charges. // Petropavlivs'ka Borschagivka, 10 min driving to KIS, 480 sq.m., 3 bedrooms, study, big play area, furnished and fully equipped, wardrobes, near lake. 2900 usd // House in quiet neighbourhood, near forest, 450 sq.m., land 1300 sq.m., 5 bedrooms, partially furnished, 1500 usd per month.// Petropavlivs'ka Borschagivka, 15 min driving to KIS, 450 sq.m., 5 bedrooms, big play area, not furnished and fully equipped, wardrobes. 2800 usd No commission from Tenant. Please call 050 4469357 for viewings.

All Apartments for Rent Near Golden Gate Area. 5 room - Jaroslavov Val, 15 - 185 sq.m, 2 wc. // 7 room - Reitarskay str. 17 - 210 sq.m - 2 floors, 2 WC, Living room 60 sq.m, 40 cabinet, residence Price discuss. // 2 room - Streletskaya, 13 - 87 sq.m- near Norway Embassy. price - 1000 USD. http://fn.ua/user/newedit.php?ad_id=3435398 // 2 room - Streletskaya, 13 - 78 sq.m, jaccussi - Price 1300 USD. http://fn.ua/user/newedit.php?ad_id=10515015 // House - Petropavlovskay Borshagovka, Mira Str., 350 sq.m - price 2300 USD http://fn.ua/user/newedit.php?ad_id=10064290. Contact: Victoria Shtepa http://fn.ua/user/newedit.php?ad_id=10064290.



If you are part of the KIS community and would like to contribute a short article (60 words or less) without pictures (in English ONLY) to upcoming newsletters, please contact Katie Sobko at: newsletter@ukr.qsi.org. Or call the school office at 452-27-92/3. Please make sure that your ad is sent no later than Tuesday 12:00 pm. Anything later than that will be included in Next week's newsletter. All ads need to be in English!!! (Times New Roman, size 9). If you wish for your ad to be repeated, please send me an e-mail with the full ad every time/week. Thank you for understanding.

KAN

Do you know that

The fish fillet we serve at the cafeteria may contain bones. If you want your children to have fish as an option in the daily menu, you have to fill in Fish Authorization Form. By doing this you as parent will take the responsibility if your child happens to swallow a fishbone. You can fill in fish authorization form any time from 8.00am till 4.00pm Monday through Friday.

	Lunch 10:50 to 14:00							PRESCHOOL				
Breakfast 7:45 to 10:00	1'st Snack (first break)					E		2'd Snack (second break)	Breakfast 2'd Snack			
	, ,	MENU 1	MENU 2	DIET	FISH & VEGETARIAN MENU	SALAD BAR MENU	Set Menu	, ,	9:00	LUNCH 12:00 to 12:40	14:30	
MONDAY										1198kcal		
Muesli & Yogurt	Cheese Sandwich	Chicken BBQ	Goulyash	Beef Cutlet	Fish with Special Sauce	Tomatoes Cucumbers Assortment	Chicken BBQ (80gr)	Baquette	Yogurt Fantasy	Beef Cutlet	Vanilla Sponge Cake	
Ham & Cheese Bread & Buns & Pancakes	Yogurt Cherry Tomatoes	Mexican Rice Algarian Sopsky Salad	Penne Rigate Pickled Cabbage Salad	Barley Porridge Steamed Vegetables	Ravioli with Cheese Grilled Vegetables	of Green Salads Eggs	Rice Beet Sticks + Corn	Soft Cheese Tomatoes	Apple Carrots	Penne Rigate Tomatoes	Juice	
Omelet & Eggs	Pepper		asons Soup	Four Seasons Soup	Four Seasons Soup	Onion Rings	Fruit	Lettuce		Four Seasons Soup		
Fruits	Plums	White Bread Green tea with	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Grapes		White Bread		
Vegetables	Apple	Lemon Vanilla Sponge	Juice	© Compote	Compote Vanilla Sponge	Beet Sticks	Water	Juice		Compote		
Juices & Tea	Berries	Cake	Yoghurt	Fruit	Cake	Corn			243kcal	622kcal	333kcal	
			<u> </u>	TUESDAY						1279kcal		
Muesli & Yogurt	Muesli	Chicken Brochette	Sausages	Baked Turkey Breast	Wisconsin Fish	Tomatoes Cucumbers	Chicken Brochette (80gr)	Pizza	CheeseCake	Baked Turkey Breast	Waffles with Jam	
Ham & Cheese	Milk	Couscous	Mashed Potatoes	Wheat Porridge "Artek"	Cabbage Crepes	of Green Salads	Mashed Potatoes	Cucumber		Mashed Potatoes	Hibiscus Tea	
Bread & Buns & Pancakes	Fruits	Pasta Salad	Carrots With Raisins	Steamed Vegetables	Grilled Vegetables	Scrambled Eggs	Carrots	Pepper	Fruits/Grapes	Cucumbers+ Eqq		
Omelet & Eggs	Nuts	⊘ Pea	as Soup	Buckwheat Soup	Buckwheat Soup	Black Olives	Fruit	an Apple		Buckwheat Soup		
Fruits	Water	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Bonaqua 0,5		Compote Wholemeal bread		
Vegetables		Hibiscus Tea		© Compote	Compote	Carrots	Water			with seeds		
Juices & Tea		Waffles with Jam	Yoghurt W	Fruit EDNESDAY	Waffles with Jam	Corn			344kcal	595kcal 1410kcal	340kcal	
	Croissant with			6	Fish fingers with	Tomatoes	Lula - Kebab					
Muesli & Yogurt	Cheese	Lasagna	Lula - Kebab	Boiled Chicken	Tar-tar Sauce Vegetarian	Cucumbers Assortment of Green	(80gr) Provincial	Peach	Oatmeal Cookies	Lula - Kebab	Cheesecake	
Ham & Cheese Bread & Buns & Pancakes	Yogurt Jivinka Grapes	Italian Salad	Provincial Potatoes Salad Stolichniy	Rice Steamed Vegetables	Lasagna Grilled Vegetables	Salads	Potatoes Green Salad	Cornflax Activia 290ml	Apple Carrots	Provincial Potatoes Steamed Broccoli+ Corn	Fruit Tea	
Omelet & Eggs	Tomatoes	Khan	cho Soup	Vegetable Soup	Vegetable Soup	Sweet Pepper	Fruit	Bonaqua 0,5		Vegetable Soup		
Fruits	Pepper	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread			White Bread		
Vegetables	Water	Fruits Tea	Juice	© Compote	Fruit Tea	Broccoli	Water			Compote		
Juices & Tea		Cheesecake	Fruit, Yoghurt	Fruit	Cheesecake	Corn			398kcal	688kcal	324kcal	
	I	I	тт	HURSDAY	1					1180kcal		
Muesli & Yogurt	Chicken Sandwich	Chicken crouton Lollipops	Sweet & Sour Beef	Steamed Meat Beef	Milanese Fish	Tomatoes Cucumbers	Steamed Meat Balls (veal) (80gr)	Cheese President	Toast with Cheese	Chicken crouton Lollipops	Pie with Fruits	
Ham & Cheese Bread & Buns &	Cucumbers	Fussily	© Rice	Buckwheat Steamed	Vareniki with Potatoes	of Green Salads	Rice	Wholemeal bread with seeds	Apple	Rice	Tea with Lemon	
Pancakes	Pepper		Korean carrots	Vegetables	Grilled Vegetables Potatoes cream	Eggs	Green Peas	Cherry Tomatoes	Carrots	Paprika + Egg Potatoes cream		
Omelet & Eggs	an Apple	O Potatoes	cream Soup	Clear Chicken Soup	Soup	Red Beans	Fruit	Green Salad	Paprika	Soup		
Fruits	Carrots	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Pear		White Bread		
Vegetables	Bonaqua 0,5	Chamomile Tea	@monade	Compote	Tea with Lemon	Green Peas Cabbage	Water	Bonaqua 0,5		Compote		
Juices & Tea		Pie with Fruits	Fruit, Yoghurt	Fruit	Pie with Fruits	Carrots Corn			245kcal	720kcal	215kcal	
HAPPY FRIDAY									1186kcal			
Muesli & Yoqurt	Sponge Cake with Apple	Chicken Nuggets	Cheeseburger	Baked Chicken Breast	Fish Balls	Tomatoes Cucumbers Assortment	Baked Turkey Breast (80gr)	Cottage Cheese Pancakes	Yogurt Actimel	Chicken Nuggets	Muffin	
Ham & Cheese	Actimel	Pasta Al-Pesto	French Fries	@ Rice	Eggplants with Carrots	of Green Salads	Buckwheat	Jam	Apple	Farfalle	Fruit Tea	
Bread & Buns & Pancakes	Pear	Green Salad with Pomegranate	Salad Starokievskiy	Steamed Vegetables Home-made	Grilled Vegetables	Eggs	Red Cabbage Salad + Egg	Grapes	Carrots/Eggs	Cucumbers+ Carrots + Salad		
Omelet & Eggs	Cucumbers	Ø B	orsch	Noodle Soup	Borsch	Onion	Fruit	Yogurt Jivinka	Pear	Borsch		
Fruits	Bonaqua 0,5	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	Wholemeal bread with seeds	Bonaqua 0,5		White Bread		
Vegetables		Earl Gray Tea with Lemon	Lemonade	Compote	Fruit Tea	Red Cabbage Beet Sticks	Water			Lemonade		
Juices & Tea		Meringues	Fruit, Yoghurt	Fruit	Meringues	Corn			191kcal	822kcal	173kcal	